

## PARENTS' FEEDBACK:

“We absolutely love the Wheely Wonders days at Applefield farm. I have 2 boys (one is in a wheelchair and one is not) and we find it hard as a family to find activities that they can both equally participate in and both get equal enjoyment out of... Wheely Wonders gives us that opportunity. My husband and I love seeing them doing the fun activities together like making crafts and watching the magic show. I also can't describe how lovely it is to be surrounded by other families in the same situation as us who understand our struggles and challenges. The team at Wheely Wonders are such lovely people and they make us feel so welcome. We love it!”



“I'm not 100% sure what to say and whether I can actually put into words what I like/love about the Wheely Wonders days. I guess part of it is the fact that we're able to actually be out and about, enjoying the freedom your smallholding allows us, the fun you all bring to the day (including all the animals), the Forest School, Craft Club and sometimes the added bonus of Chris North. Also getting to meet other families and make memories with Jack and his friends, who have also attended in the past.”



## KEY INFORMATION:

- Wheely Wonders is an all day event, normally on a Sunday from 10am to 3pm.
- Parking will be available on the field (weather permitting) or in the farmyard with space for lowering ramps etc.
- The site is wheelchair accessible, with a wheelchair friendly bathroom and changing area. Compost toilet available on the field.
- Please bring a picnic lunch with you and a blanket or folding chairs if you like some comfort.
- We have the use of the communal greenhouse if necessary, which can be used for activities or at lunchtime.
- Places are limited and very popular. Please let us know asap if you are unable to attend so we can offer the place to someone on our waiting list.

### CONTACT US:

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[www.facebook.com/woodlandwondersforestschool/](http://www.facebook.com/woodlandwondersforestschool/)

### Address:

Applefield, 23 Chalk Lane, Sidlesham, Chichester, West Sussex PO20 7LW

### How to find Applefield:

Take the B2145 to Selsey off the A27. Follow the road through Sidlesham until you reach Keynor Lane on your right, signed for Wild Bird Hospital and Sidlesham CP School. Take the first left turn into Chalk Lane. Applefield is almost at the bottom on the left.



# Wheely Wonders



A family day with Woodland Wonders Forest School, farm fun and Lizzie's Craft Club, specifically designed for children and young people with additional needs, their siblings, parents and carers, set at Applefield, a beautiful, intimate and private smallholding.



## MEET THE TEAM:



Lizzie Baily has Congenital Muscular Dystrophy. She and her parents own Applefield. Lizzie started her Craft Club in 2006 and has been the Chair and Editor of Wellspring West Sussex since 2001. Lizzie also works part time as a primary school teaching assistant.

Jen Keil runs Woodland Wonders Forest School groups at Applefield as well as other locations. She has great experience of working with children and adults with additional needs.



Jen's son Sam came to Lizzie's Craft Club when he was younger. He loves riding his BMX and building bikes for friends. He has a black belt for Taekwondo and assists with the classes. He is a fantastic helper at Wheely Wonders.



Esther and Dan are Lizzie's parents who run Applefield. They will be on hand to meet you on arrival and answer any questions through the day!



Chris North is a Wellspring committee member who (when available) brings a bit of extra magic to our special days!



We have other great volunteers who support us at Wheely Wonders too!

## HOW THE DAY IS RUN:

Jen and Lizzie will be waiting to greet you on arrival. First you can meet some of the farm animals; let the chickens out and check to see if they have laid any eggs. Have a go at feeding Jigsaw and Puzzle the goats who love nibbling the branches that are given to the children to hold. In spring and summer you will have the opportunity to get close to the lambs and sometimes goslings too!



Next, Jen takes everybody to the woodland where there is a mud kitchen and playhouse, a swing and a hammock between two of the trees. Forest School seasonal activities include

sawing wood to make discs for necklaces or medals, making memory sticks or magic wands and going on a bug hunt. Everyone can take part in the activities provided, at their own level.



On the way to the fire circle in the field, Rosemary the donkey and her pony friends Applejack and



Pepper will come to the fence to be fed carrots. Rosemary loves the attention from everyone!

Children are given the opportunity to try lighting their own fires using a flint and steel, then everyone can enjoy toasting marshmallows and parents can have a hot drink before a picnic lunch.



After you have had a quick rest, and free time to look at the animals again, Lizzie's Craft Club session starts in the field or glasshouse. All materials are provided - by the end of the afternoon the children have created at least two special items to remember their day.



At some Wheely Wonders sessions Chris North comes to provide some magic and it is wonderful to see how every child is given the opportunity to help with the tricks!



At the end of the afternoon drinks and biscuits will be provided before you head home, full of fresh air and happy memories.

