

Category	Subcategory	Organization	Website URL	Main phone	Main phone is for (branch, role, person)	Named contact	Secondary phone	Secondary phone is for...	Main email	Facebook	Twitter	Opening times	Address 1	Address 2	Town	County	Postcode	Description
Health Needs	Speech and La	1 Voice		0845 330 7862					info@1voice.info									1 Voice - communicating together; recognises that a communication disability can be isolating for children and their families. Offers a network for families.
Grantmaking	Leisure, Sports,	3H Fund	http://www.3fund.org	01892 860207					info@3fund.org.uk									Grants are awarded to disabled people, their family and carers who on a low income to take holidays in the UK. To request an application form call the fund on the number listed below.
Sensory Impairments		4Sight Resource Centres	http://www.4sight.org	01243 828555	Bognor Regis				enquiries@4sightsussex.co.uk									Crawley - Tel: 01293 657090; Shoreham by Sea - Tel: 01273 454343
Mobility and Equipme	Computers	AbilityNet	https://www.abilitynet	0800 269545				01926 312847	enquiries@abilitynet.org.uk									Helps disabled adults and children use computers and the internet by adapting and adjusting the information and communication technologies they use.
Grantmaking	Education	Able Kidz	http://www.ablekidz.com/										Able Kidz Educational	London			WC2E 2HA	Educational trust that supports disabled children and young people (under 18 years) in the UK with their education and learning. Provides specialist equipment, computers, software and extra tuition to enable them to achieve independence and self reliance. Applications should be made in writing with a supporting letter from a medical or education professional to the Grants Officer
Information Services & Advice		Access to Work South East Business Centre		0208 426 3110			0208 426 3133	Text										Advice and help for disabled people over 16. Grants for alterations to premises, special equipment, travel costs or support worker help and communicator assistance.
Information Services & Advice		Accessible Property Register Website	http://accessible-prope	07749 119385														
Grantmaking	Equipment	ACT Foundation	http://www.theactfoun	01753 753900					info@theactfoundation.co.uk									Grants are awarded towards building costs, specialised equipment and financial assistance towards the costs of a short-term respite break. Individuals must apply via an application for available for download on the charity website.
Education	Educational Re	Action Against Bullying Support Line (WSSCC)		03330 142 904														
Sensory Impairments	Visual Impairm	Action for Blind People		0800 915 4666	Helpline				info@actionforblindpeople.org.uk									National charity for blind and visually impaired people providing supported housing, holiday hotels, employment support, information and advice, financial help and welfare rights service. Provides sporting activities for children.
Sensory Impairments	Deafness and	Action for Deafness	www.actionfordeafnes	01444 415582			01444 415593	Minicom	wsdeaf@wsdeaf.org.uk									Helps people to express their views, sets up sign language and lip reading classes, provides information and advice, equipment, helps with improving and developing services.
Mobility and Equipment		Action for Kids	www.actionforkids.org	020 8347 8111	Helpline													Aims to combat the problems facing severely disabled children and their families. Provides mobility aids not available on the NHS for young people with any disability aged 0-26 in the UK.
Health Needs		Action For Sick Children	http://www.actionforsic	0800 074 4519					enquiries@actionforsickchildren.org									Aims to promote a high quality of health care for children and young people in hospital and at home. Branch network for parent advice and support. Produce publications such as "Helping Children Cope with Pain" and "Teenagers in Hospital"
Information Services & Advice		Action for Victims of Medical Accidents (AV)	http://www.avma.org.u	0845 123 23 52														Promotes better patient safety and justice (including financial compensation) for victims of medical accidents
Sensory Impairments	Deafness and	Action on Hearing Loss	www.actionhearinglos	0808 808 0123	Information		0808 808 9000	Text phone	informationline@hearingloss.org.uk									Offers information and advice, hearing checks, research, care and communication services, employment advice, equipment and campaigning on behalf of people with hearing impairments.
Play and Leisure		Active Crawley Card		01293 438000														The Active Crawley Card serves as membership for K2 as well as providing information about sports and other leisure opportunities within Crawley. Discounted use of the leisure centres, and other leisure opportunities in Crawley.
Play and Leisure	Sports	Active Sussex		01273 643869					info@activesussex.org									Offers opportunities for young people with disabilities to participate in sporting activities across Sussex.
Behavioural Difficulties		ADHD Parent Support Group		07765 262524					twinkletoes71@hotmail.co.uk									Support group for parents/carers of children with ADHD.
Carers Support Organisations		Adoption Support and Play Therapy		01243 779171			07976 782633		Kate.Kirk@btinternet.com				4 the Mea Donnington	Chichester			PO19 6TG	Small therapy business offering support through play to families who have adopted young children. I also offer Play Therapy for children after divorce, bereavement or emotional difficulties.
Education		Adult and Community Learning Service - W	https://www.westsussex	0845 6010161					adult.education@westsussex.gov.uk									Adult Education Centres offer a range of courses covering a wide range of subjects. All courses are listed in the "Courses for All" Directory, a copy of which is held in each library. People with disabilities are welcome to attend any appropriate course and can discuss any particular needs with a member of Adult Education staff. Skills for Life and Work (Basic or essential skills), sign language and lip reading classes are available at most of the centres. Buddy scheme for people with learning difficulties - contact Learning Links on 01403 713513.
Learning Difficulties		Adult Dyslexia Telephone Support - Worthing		01903 212058					billie-john.clark@ntworld.com									Advisor willing to offer advice on assessment, training and computers, help with practical problems, support for adults with dyslexia and their families.
Information Services	District Council	Adur District Council		01273 263000					helppoint@adur-worthing.gov.uk									
Play and Leisure	Sports	Adur Petanque Club (French Boules)		01903 503716					veeat23@aol.com									Initial help and concessionary fees for people with disabilities to play petanque.
Play and Leisure		Adur Special Needs Project	www.adurspecialneed	01273 441866					info@adurspecialneedsproject.co.uk				Youth Centre, Penhill	Lancing				An evening youth club for disabled, 8-16 year olds on Tuesdays 6.45-8.15pm offering a range of activities. Additional separate activities suited to young people with special needs aged 13 and over.
Education	Educational Re	ADVANCE	http://www.advance	01342 311137					info@advancecentres.com									Teaching institute for parents in the methods of the Scotson Technique which seeks to enhance oxygen supply to the body tissues in people with cerebral palsy.
Play and Leisure		Adventure Unlimited	http://www.aaultd.org/	01273 681058					info@aaultd.org									Activities and Social Events for eight to 18-year-olds with and without special needs.
Education	Educational Re	Advisory Centre For Education (ACE)	http://www.ace-ed.org/	020 8888 3377	Advice				enquiries@ace-ed.org.uk				1c Aberdeen Studios 22 Highbury Grove,	London, N5 2DQ				Offers guidance to parents on all aspects of school education. Publishes a wide range of books and info sheets including: "Special Education Handbook" and "Children with Special Needs: Sources of Help"
Health Needs	Speech and La	AFASIC (Action for All Speech Impaired Children)	www.afasic.org.uk	0300 666 9410					info@afasic.org.uk									Advice, information and support, including a telephone helpline, newsletters, seminars/workshops for parents and professionals; self-help groups throughout the country.
Mobility and Equipme	Computers	Aidis Trust	http://www.aidis.org	0808 800 0009			0845 120 3719	Helpline	info@aidis.org				Unit 7 & 8, 3 Gunthor	London			E1 7RQ	Advise on computers and communication aids to individuals with physical or learning disabilities. Applications should be made in writing.
Play and Leisure	Sports	Albion in the Community		01273 66859			07876 89803		nikkirichardson@albioninthecommunity.org.uk									Inclusive sports sessions for young children including football, basketball, hockey and boccia.
Play and Leisure	Music and Arts	Aldingbourne Trust Art and Craft Service, B	http://www.aldingbour	01243 838535					creativeart@aldingbournetrust.co.uk									Offers a wide range of tuition in art activities for adults with learning disabilities.
Information Services & Advice		Aldingbourne Country Centre, Chichester	http://www.aldingbour	01243 542075					centraloffice@aldingbournetrust.co.uk									Support to find voluntary or paid work in the local community. One off grants to young people under 18 who have a physical or learning disability and in need, for specialised equipment such as special bicycles, wheelchairs or special baths. Applications must be made in writing.
Mobility and Equipment		Aldridge Charitable Trust		0844 412 5101									Silca House, 32-34 E	London			N1 7EG	
Play and Leisure	Sports	All Sports Club, The Venue, Chichester		01243 779075					liz.spandley@virgin.net									Sports and activities for disabled people aged 16+. Wednesday, 6-7.30pm. £1 per week.
Education	Educational Re	Alliance for Inclusive Education (ALLFIE)	http://www.allfie.org.uk	0207 737 6030					info@allfie.org.uk									National network of disabled people, parents and teachers campaigning for inclusive education.
Play and Leisure	Sports	Allsports		01444 255120														After-school sports club for children aged six to 19.
Behavioural Difficultie	Autism	Ambitious about Autism	https://www.ambitious	020 8815 5444					info@ambitiousaboutautism.org.uk									Education, training and campaigning for improved opportunities for people with autism.
Play and Leisure	Sports	AMF Bowling, Worthing		0844 8263041					ukworthingcentre@ambbowling.co.uk									
Education	SEND Hub Net	Angmering ASCEND	http://www.angmeringascend.co.uk/															Previously known as 'The Links College'. It is sited in eight separate locations and offers educational provision to children and young people unable to attend school. The sites are: Chichester; Crawley; Burgess Hill; Haywards Heath; Lancing; Littlehampton; Worthing; and a secure unit near Crawley. Contact details for all providers can be found on the website.
Play and Leisure	Sports	Aquarona, Worthing		01903 231797														Swimming lessons for disabled people of all ages with a dedicated lane with a hoist. Sundays, 6.45pm-8pm. Swimmer: £2.40. Carers go free.
Grantmaking	Hardship	Argus Appeal	http://www.theargus.c	01273 544544					etsa.gillio@theargus.co.uk									Provides grants towards sickness, poverty, and hardship, for lonely and needy older people and underprivileged children, in particular at Christmas. For further information on applying visit the website listed below.
Play and Leisure	Music and Arts	Ariel Oratorio's		01444 250407														Dance, drama, music and singing for children with special needs aged seven to 19. Meets Saturdays from 8.45 to 9.45 a.m.
Physical Disabilities		Arthritis Care / Young Arthritis Care	https://www.arthritiscar	0808 800 4050	Helpline		0808 800 2000	Helpline Young Peo	info@arthritiscare.org.uk									Provides information and support on a range of issues related to living with arthritis, including self-management programmes to help people to cope with their condition.

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Play and Leisure		Blue Umbrella Clubs		01403 215216														Club nights and out-reach for young people and adults with learning disabilities.
Play and Leisure		Blue Wave club nights and outreach programmes		01903 725451														7-10pm for people with learning disabilities.
Physical Disabilities		Bobath Centre		020 8444 3355					enquiries@bobath.org.uk									Specialist therapy for children and adults with cerebral palsy designed to enhance personal independence.
Play and Leisure	Music and Arts	Boom Tribe (Horsham)		01403 215216					nick.jenkins@horsham.gov.uk									Weekly Brazilian-inspired percussion workshops for young people with disabilities. Provides young people the opportunity to socialise and perform at events.
Grantmaking	Hardship	Boparan Charitable Trust	http://www.theboparancharitabletrust.com/															Helps children and young people under 18 years in the UK who are disadvantaged through poverty, disability or terminal illness. Each application request is judged on its own merits. They have previously funded wheelchairs, trikes, sensory books, toys and special wishes. To apply: download an application form from the website. Confirmation of the applicant's condition or circumstance will be required by a qualified professional.
Education	Special Support	Boundstone Nursery School (Speech and L	http://www.boundston	01903 276850					office@bsnscf.co.uk				Upper Boundstone L		Lancing		BN15 9QX	Special Support Centre for young children with significant speech and language difficulties.
Health Needs		Brain & Spine Foundation	http://www.brainandsp	0207 7935900			08088 081000	Helpline	helpline@brainandspine.org.uk									
Education		Brain Gym	http://www.braingym.o	01903 856801					mandy@learningskills4u.co.uk									An educational movement-based programme that can be used to improve a wide range of learning, attention and behaviour skills. It can help a lively child become more focused, help a worried child to become more relaxed and confident and help improve academic skills or enhance sporting potential.
Sensory Impairments	Deafness and	Brighton, Hove & West Sussex Deaf Children's Society		07717 223362					bhwdsoc@btinternet.com									Support group for deaf children (0-25yrs) & their families.
Education	Colleges	Brinsbury Campus, Chichester College	https://chichester.ac.u	01243 786321 ext 2287														Offers training for land-based industries including life skills, work skills, horticulture, independent living, basic skills, business, retail etc. Recognised for its specialism in assisting students with disabilities or learning difficulties.
Carers Support Organisations		British Association of Counselling and Psy	http://www.bacp.co.uk/	01455 883300					bacp@bacp.co.uk									Membership organisation governing the professional standards of counsellors and psychotherapists.
Sensory Impairments	Deafness and	British Deaf Association (England)	www.bda.org.uk	020 697 4140					bda@bda.org.uk									Deaf-led membership organisation that campaigns for greater equality for deaf people.
Education	Educational Re	British Dyslexia Association	http://www.bdadyslexi	0333 405 4567														Information, advice, training, and campaigning on behalf of dyslexic people in the UK.
Health Needs		British Institute for Brain Injured Children (http://www.bibic.org.uk	01278 684060					info@bibic.org.uk									Exists to help children reach their full potential and have a better quality of life. BIBIC's involvement also benefits families and carers too
Learning Difficulties		British Institute of Learning Disabilities	http://www.bild.org.uk/	01562 723010					enquiries@bild.org.uk									Committed to improving the quality of life of people with learning disabilities by advancing education, research and practice.
Health Needs		British Kidney Patient Association	http://www.britishkidne	01420 541424					info@britishkidney-pa.co.uk									Provides grants to children and adults with kidney disease. Grants can be for domestic bills, household goods, travel expenses to hospital, education and training costs and holidays. Application forms are available to download from the charity's website.
Physical Disabilities		Brittle Bone Society	http://www.brittlebone	01382 204446					bbs@brittlebone.org									Provides grants for wheelchairs or specialist equipment for people with brittle bone disease. Initial enquiries should be made by phone or email. Grant applications must include a letter of support from a relevant professional, for example, an occupational therapist.
Health Needs		Brook Advisory Centre	https://www.brook.org	07717 989023					admin@brook.co.uk									Information, advice and support on sexual health for under 25's.
Grantmaking	Leisure, Sports,	Bruce Wake Charitable Trust	http://www.brucewake	0844 879 3349														Grants are awarded towards the provision of sport and leisure activities for wheelchair users. Applications on behalf of individuals must be made through a charitable organisation or equivalent recognised body. Grant applications are considered quarterly. Guidelines on how to apply are available from the trust's website.
Play and Leisure	Playschemes	Bunnyhoppers / Grasshoppers / Outburst		01403 257699	Activities Co-ordinator				activities@springboardproject.com									Activity Schemes for children with additional needs and disabilities: Bunny Hoppers (0-5) one Sunday a month. Grasshoppers (5-13) on Saturdays and Outburst (13-18) during school holidays. Book in advance.
Play and Leisure	Playschemes	Burgess Hill Area Family Centre		01903 882666														Held at Newick House School and run by Sussex Autistic society Two Saturdays a month & most Saturdays in School holidays. 10.30-3pm full day, Cost £22. Half day either 10.30-12.30pm or 1-3pm. Cost £11. For any child on the autistic spectrum from any school and their siblings.
Play and Leisure		Burgess Hill Gateway Club		01342 325883			07592 609785		DianeKing1@talktalk.net									Burgess Hill Football Club, Maple Drive. Social club for people with a learning disability over 16. Every other Wednesday, 7-9pm.
Learning Difficulties		Burnside Centre, Burgess Hill		01444 232786					burnside.centre@westsussex.gov.uk									Centre for adults with a learning disability.
Grantmaking	Health	Buttercup Children's Trust	http://www.buttercupchildrenstrust.org.uk/															Supports children (under 18 years) and their families in the UK who have a wide range of serious and terminal illnesses such as Leukaemia, Cystic Fibrosis as well as the deaf and the blind. Offers financial assistance towards hospital travel, respite, medical equipment, holidays and travel expenses.
Grantmaking	Equipment	Buttle UK	http://www.buttleuk.or	020 7828 7311					info@buttle.org									Supports disadvantaged children and young people. Grants are for essential household items, for the cost of school fees of children whose home life is precarious and for young people in further education, or to help young people not in education, employment or training. For further information on individual grant programmes and how to apply visit the website listed below.
Behavioural Difficulties		Cambian Group	http://www.cambiangr	020 8735 6150					education@cambianguroup.com				South Win Hammers	London			W6 9RU	We are one of the largest providers of specialist behavioural health services for children and adults in the UK.
Education	Educational Re	Camella Botnar Children's Centre	http://www.camellabot	01903 504077					sueakred@btconnect.com									A purpose-built, independent, pre-school play centre for children with special needs. Open 50 weeks of the year. Sessions are from 9am-12noon and 1pm- 3.30pm, Monday to Thursday and 9am-12noon Friday.
Education		Campaign for Learning webells	http://www.campaign-for-learning.org.uk/cfl/index.asp															Partnership of public, private and voluntary sector organisations committed to an inclusive society in which learning is valued and accessible to everyone.
Health Needs	Life Limiting &	CancerBACUP/ BACUP		0808 800 1234														Specialist cancer nurses provide information and emotional support to anyone affected by cancer, including patients, family and carers
Learning Difficulties		Care Co-ops Community Services, Brighton	http://www.careco-ops	01273 685300					info@careco-ops.org.uk									Support adults with learning difficulties and mental health problems. Placements in catering, horticultural, admin work at their café, farm and head office.
Learning Difficulties		Care Management Group, Hove, East Susse	http://www.cmg.co.uk/	01273 551023														Provides specialist services for people of all ages with learning difficulties and associated complex needs.
Information Services & Advice		Care Quality Commission	http://www.cqc.org.uk/	0300 061 6161					enquiries@cqc.org.uk									Independent agency regulating health and social care in England.
Financial Advice and Services		Carers Allowance Unit		0345 608 4321					cau.customer-services@dpw.gsi.gov.uk									
Carers Support Organisations		Carers Emergency Alert Card Scheme		01243 778688					chichestercareline@chichester.gov.uk									A free scheme for people who look after an adult or child who depends on them because they are ill, have a disability or are frail.
Carers Support Organisations		Carers Support Service - Bognor Regis, Chichester and Rural		01243 782561			01243 537011	Helpline	richard.north@carerssupportservice.org.uk									Information and support for carers in the Chichester District including Midhurst, Petworth, Arundel, Bognor and surrounding villages.
Carers Support Organisations		Carers Support Service - North and Mid Sus	http://www.carersupp	01293 657040					info@carerssupport.org.uk									Support for carers in the Horsham, Crawley and Mid Sussex areas.
Carers Support Organisations		Carers Support Service - Worthing		01903 536378					information@carerswv.org.uk									Support for people looking after someone who is ill, frail or has a disability in Adur, East Arun, Worthing and all of Chancetbury.
Carers Support Organisations		Carers Support West Sussex	http://www.carersupp	0300 028 8888					info@carerssupport.org.uk									Provides free, confidential and impartial information and support to carers in West Sussex. Various support services for carers including the Carers Emergency Alert Card.
Carers Support Organisations		Carers UK	http://www.carersuk.org	0808 808 7777	Carers Line		01403 267111	Horsham - Bernard	info@carersuk.org									A campaigning organisation providing information on all aspects of caring. The advice line offers free, confidential advice for carers.
Play and Leisure	Music and Arts	Carousel	http://www.carousel.org	01273 234734					enquiries@carousel.org.uk									Carousel works to promote the active involvement of people with a learning disability in the arts, teaching new artistic skills and developing existing talents.
Play and Leisure		Cartage Driving for the Disabled, Goodwood.		0845 2415320														Adults only and there are weight restrictions.
Grantmaking	Equipment	Caudwell Children	http://www.caudwellchi	0845 300 1348					charity@caudwellchildren.com									Provides funding towards the costs of equipment, (including sports equipment) treatment and therapies for sick, autistic and disabled children in the UK and holidays for children with life-threatening conditions.
Education	Educational Re	Centre For Studies On Inclusive Education	http://www.csie.org.uk	0117 3284007					admin@csie.org.uk									Help and support for children who have disabilities or learning difficulties who wish to remain in mainstream education.

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Play and Leisure		Crawley Sports & Arts	http://www.crawley.gov.uk	01293 585350		Matt Lethbridge,Crawley Wellbeing M	01293 438152		Carolyn Murphy, Arts Development officer									
Play and Leisure	Respite and Sh	Crossroads Care	http://www.crossroads.org.uk	01903 790270					admin@crossroadscare-sc.org									One-to-one short breaks for children with disabilities. Up to four hours per week can be accessed for £10 per family.
Health Needs	Life Limiting &	Cruse Bereavement Care	http://www.cruse.org.uk	01798 839141					westsussexarea@cruse.org.uk									Counselling, information and support to bereaved people.
Health Needs		Cry-Sis	http://www.cry-sis.org	08451 228 669														Information and advice to families with excessively crying, sleepless and demanding babies.
Health Needs		Cystic Fibrosis Trust - Sussex	http://www.cysticfibrosis.org.uk	0300 373 1000	National office		01444 230207	Sussex branch	enquiries@cysticfibrosis.org.uk									Provides support and advice for people with Cystic Fibrosis, their families and carers. Helps groups of children/young people up to 21 years with disabilities, life limiting conditions or terminal illnesses. Supports group trips of at least 8 children/young people and their main carer. Other adults and siblings will need to be self funding. Reasonable transport costs will also be reimbursed. Funding is agreed in advance and reimbursed after the trip by providing evidence of the approved expenses. To apply: download an application form from the "How to become a Daytripper" page and follow the step by step guide.
Grantmaking	Health	Daytrippers	http://www.daytrippers.org.uk/															Information and advice on dual sensory loss, 24 hour helpline, counselling. Teaches touch-based communication systems. Visits the deafblind.
Sensory Impairments		Deafblind UK/ National Centre for Deafblindness		0800 132320	Helpline		01733 358100	Minicom	info@deafblind.co.uk									Produce various booklets: "Special Educational Needs a guide for parents" and "Guide to the Special Educational Needs Tribunal". Provides online educational materials for special needs teachers and learners.
Education	Educational Re	Department for Children, Schools & Families	https://www.gov.uk/gov	0800 100900	Learn Direct		0845 602 2600	Publications	info@dcsf.gsi.gov.uk									
Education	Special Suppor	Desmond Anderson Primary School (Social	http://www.desmonda.org.uk	01293 525596					office@desmondanderson.wsussex.sch.uk				Anderson Road		Crawley		RH10 5EA	Special Support Centre for children with autism spectrum conditions or social and communication needs.
Health Needs		Diabetes UK	https://www.diabetes.org.uk	0345 123 2399					info@diabetes.org.uk									Information and advice, training advocacy, support groups and campaigning on behalf of people with diabetes.
Health Needs	Residential Car	Dignity Group Ltd Singleton, Nr Chichester	http://www.dignitycare.org.uk	01243 811482					mailbox@dignitycaresupport.moonfruit.com									Residential and day care services for 65 people with learning disabilities.
Information Services	Financial Advic	Direct Payment Support Service		08456 0123 99			01903 219482											Information and advice to anyone interested in direct payments. Direct Payments is a cash payment to people who need Children and Young People's Services (CYPS) to live independently. The payment enables people to arrange and pay for personal assistant services as an alternative to services provided CYPS.
Information Services	Financial Advic	Direct Payments Scheme	http://www.independentsussex.org	01903 219482					directpayments@ilawestsussex.org									disabilities and autism. Runs two residential centres for people with physical disabilities in Sussex. Ernest Kleinwort Court in Burgess Hill and Shrewater Court in Eastbourne. Also has a service for adults on the autistic spectrum in Lindfield, called Hollyrood, and two supported houses nearby. The Brain Injury Rehabilitation Trust has opened a new service at Sinfold, Horsham.
Health Needs	Residential Car	Disabilities Trust Burgess Hill, West Sussex	http://www.thedgroup.org.uk	01444 239123					info@disabilities-trust.org.uk									Produces the Disability Rights Handbook and a self-help guide "Tell it like it is!" for readers to assess whether a child is eligible for DLA.
Information Services	Financial Advic	Disability Alliance	http://www.disabilityalliance.org.uk	020 7247 8776					office.da@dial.pipex.com									Recruits young disabled 16-25 years or disadvantaged people and trains them to speak in public to promote general disability awareness.
Information Services & Advice		Disability Awareness UK		01243 513464														
Mobility and Equipment		Disability Equipment Register	http://www.disabreg.org.uk	01454 318818					disabreg@blueyonder.co.uk									Service enabling disabled people to buy and sell second-hand equipment including wheelchairs and scooters. DLS offers confidential, free legal advice to disabled people, their families & carers. The advice is given by solicitors. Advice is available on employment, disability discrimination and community care, education, welfare benefits and consumer/contract
Information Services & Advice		Disability Law Service	http://www.dls.org.uk	0207 791 9800					advice@dls.org.uk									
Information Services	Financial Advic	Disability Living Allowance (over 16)		0345 712 3456					dcpu.customer-services@dwp.gsi.gov.uk									
Information Services	Financial Advic	Disability Living Allowance (under 16)		0345 712 3456					midlands-dbc-customerservices@dwp.gsi.gov.uk									Textphone: 0345 722 4433
Information Services & Advice		Disability Rights UK		020 7250 8181					officeda@dial.pipex.com									Information, advice, training and campaigning to relieve poverty and improve the living standards of disabled people.
Information Services & Advice		Disability Writes website	http://www.disabilitywrites.org.uk/															Actively supports and encourages disabled writers.
Grantmaking	Equipment	Disabled Facilities Grant																Local council funding towards the costs of adapting the home and/or to provide better facilities within it in order to allow disabled people to continue living in the property. Maximum grant in England is £30,000. For further information contact the housing or environmental health department of your local council.
Information Services & Advice		Disabled Living Foundation	http://www.dlf.org.uk	0300 999 0004			0845 130 9177	Helpline	info@dlf.org.uk									Gives practical, up to date, unbiased information and advice on disability equipment and assistive technology. Equipment demonstration centre in London with over 600 items of equipment/assistive technology on display. If you are a badge holder under the 'Disabled Blue Badge Scheme', you may be entitled to a parking bay. Although these bays are not limited to a specific individual's use, they can help ensure a parking space is available outside your home. Your request will then be referred to the area highway office concerned.
Mobility and Equipment		Disabled Parking Bays		01243 777653					wheelchairs@varietyclub.org.uk									
Play and Leisure		Dome Cinema		01903 823112					office@domeonline.co.uk									Cinema providing autism-friendly screenings.
Mobility and Equipme	Computers	Donate a PC - website	http://www.donatepc.org.uk						info@donatepc.org.uk									This is a 'matchmaking' service for individuals and organisations to donate their un-needed computing hardware (computers, printers etc) to a UK charity. The service is primarily run for those who only have one or two items to donate.
Learning Difficulties		Down's Syndrome Association	http://www.downs-syn.org.uk	0845 230 0372			01243 602503	Chichester	info@downs-syndrome.org.uk									Provides advice, information and support to people with Down's Syndrome, their families and professionals. Offers training, publications, individual advice, assessments and reports. Runs early development groups for pre-school children with Down Syndrome in the south of England. Organises training workshops in Portsmouth and around the UK. Research centre with international reputation for its work on the development of children with Down Syndrome.
Learning Difficulties		Down's Syndrome Education International	www.dseinternational.org	0300 330 0750					info@dseinternational.org				The Sarah Duffen Centre Belmont Street, Southsea, PO5 1NA					
Learning Difficulties		Down's Syndrome UK	http://www.downsyndr.org.uk	01293 889777					paul7@downsyndromeok.org.uk									Offering help & support in South East England.
Learning Difficulties		Down's Heart Group	http://www.dhg.org.uk/															Information, advice, training and campaigning on behalf of people with downs syndrome.
Play and Leisure	Music and Arts	Dramatherapy Partnership - Early Years Connections Project.		07582 239852					info@thedramatherapypartnership.co.uk									Drama Therapy groups held for infants with disabilities and their parents.
Health Needs	Life Limiting &	Dreams Come True	http://dreamscometrue.org.uk	0800 0186013					info@dreamscometrue.uk.com									A nationwide charity, making the most treasured dreams of terminally and seriously ill children (aged 2 - 21 years inclusively) come true. Fully inclusive and accessible percussion and DJ/Music Production courses. Courses are for all abilities and run every Friday over a ten-week period (term time only). Percussion: 4.15 p.m. to 6 p.m. Music production: 6 p.m. to 8 p.m.
Play and Leisure	Music and Arts	Drum and Beat Workshops		07977 715263					agbellbrand@hotmail.co.uk									
Play and Leisure		Drusillas Zoo Park	http://www.drusillas.co.uk	01323 674100					info@drusillas.co.uk									Accessible zoo located in Afriston, near Eastbourne.
Learning Difficulties		Duckys Farm Centre, West Hoathly		01342 811111					duckys@aol.com									Residential agricultural and horticultural training centre providing a supportive and homely environment for 7 adults with learning difficulties.
Play and Leisure		Duke of York's Cinema (Brighton)		0871 902 5728	Box Office				dukeofyorks@picturehouses.co.uk									Cinema providing autism-friendly screenings.
Education	Special Suppor	Durrington Middle School (Social Communication Unit)		01903 260761					office@durringtonmiddle.wsussex.sch.uk				Salvington Road		Worthing		BN13 2JD	Durrington has a Special Support Centre for eight children with social and communication difficulties.
Physical Disabilities		Dyspraxia Foundation	www.dyspraxiafoundation.org.uk	01462 455016	National Helpline		01243 866053	West Sussex Conta	jen@blackcatpc.co.uk									Dyspraxia is an impairment of perceptuo-motor function and motor learning difficulty. The Foundation aims to support individuals and families.
Health Needs		Early Birth Association	http://earlybirth.co.uk	01273 696955	TMBU				info@earlybirth.co.uk									Support group for parents of children at the Trevor Mann special care baby unit at the Royal Sussex County Hospital.
Information Services & Advice		Early Childhood Service/ Children's Information Service/Sure Star		01243 777807					childrens.info.service@westsussex.gov.uk									Early Childhood Service encourages the development of services for young children.
Education	Educational Re	Early Support		03302 224 200					earlysupport@westsussex.gov.uk									
Mobility and Equipment		Easy Riders Wheelchair Programmes		020 7428 8100														Provide funding for custom designed wheelchairs for children with disabilities

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Health Needs		Education and Resources for Improving Childhood Continence (ERIC)	http://www.eric.org.uk	0845 370 8008	Helpline				helpline@eric.org.uk									Information and support to children, young people, parents and health professionals about childhood bedwetting, daytime wetting, constipation and soiling. Literature and leaflets offered.
Education	Educational Re	Education Psychology Service		01903 839308					cate.mullen@westsussex.gov.uk				Area Edu	Durrington	Worthing		BN13 2OB	Works with children, parents and schools to apply the use of psychology to improve the learning and development of all children. Referrals via the Special Educational Needs team in the LA.
Education	Educational Re	Education Welfare Service (EWS)		03302 228200														Works with school and families to ensure high levels of school attendance.
Carers Support Organisations		Emotional Support for Carers - Mid Sussex		01444 453397					sarahhapp@hotmail.co.uk									Aim to provide a friendly social gathering on a regular basis for both carers and ex-carers. Formerly part of Carers UK.
Carers Support Organisations		Emotional Support for Carers - North & Mid Sussex		01293 657040					info@carerssupport.org.uk									Free one-to-one counselling sessions and call-back service for carers in Horsham, Crawley and Mid Sussex areas
Carers Support Organisations		Emotional Support for Carers - Southern Sussex		01903 528629					gill.ersser@guildcare.org									Offers free face to face confidential counselling service. The service covers Littlehampton to Southwick, and north to Chancetonbury.
Information Services & Advice		Employment Opportunities for People with Disabilities, Chichester		01243 380140														Support and assistance to help disabled people find and stay in employment.
Mobility and Equipment		EmpTech	http://www.emptech.info/						info@emptech.info									Provides information and advice on the use of new and existing assistive technologies for all aspects of life. Contact can only be made through email.
Play and Leisure	Sports	Enable Me	http://enablemeproject.org.uk	01903 734400	Nik Demetriades				office@enablemeproject.org.uk									Inclusive sports and activities for children with and without special needs and training in disability awareness.
Financial Advice and Services		Enable Payroll	https://www.enable-pa.co.uk	0845 2262213					info@enable-payroll.co.uk									Specialist Service for anyone who employs a personal assistant or care assistant to work for them in their own home.
Information Services & Advice		English Federation of Disability Sport	http://www.efds.co.uk/	01509 227750														Works to make sure disabled people can lead active lives. Supports sports organisations so they can be as inclusive as possible.
Mobility and Equipment		English National Bus Pass - Adur		01273 263399					concessionary@adur.gov.uk									The English National Bus Pass allows a disabled person of fare paying age (over 5) to travel free of charge on the majority of buses in England. Also companions of disabled people who, without such companions, would be unable to use public transport. Check the relevant website from the following: http://www.adur-worthing.gov.uk/travel/concessionary.html , http://www.arun.gov.uk , http://www.chichester.gov.uk , http://www.crawley.gov.uk/pw/index.htm , https://www.horsham.gov.uk , http://www.midsussex.gov.uk , http://www.adur-worthing.gov.uk
Mobility and Equipment		English National Bus Pass - Arun							BusPassEnquiries@arun.gov.uk									
Mobility and Equipment		English National Bus Pass - Chichester		01243 534734					concessionaryfares@chichester.gov.uk									
Mobility and Equipment		English National Bus Pass - Crawley		01293 438635					buspass@crawley.gov.uk									
Mobility and Equipment		English National Bus Pass - Horsham		01403 215323					finance@horsham.gov.uk									
Mobility and Equipment		English National Bus Pass - Mid Sussex		01444 477304					concessionarytravel@midsussex.gov.uk									
Mobility and Equipment		English National Bus Pass - Worthing		01903 221292					buspass@worthing.gov.uk									
Health Needs	Epilepsy	Epilepsy Action - West Sussex/ British Epilepsy Association - We		01273 455537														Has library of books, pamphlets and videos, information on consultants and hospitals specialising in the treatment of epilepsy, and regular meetings
Health Needs	Epilepsy	Epilepsy Action/ British Epilepsy Association	http://www.epilepsy.org.uk	0808 800 5050					helpline@epilepsy.org.uk									Epilepsy Action helps its members through its services including the Advice and Information Centre, branch network and Accredited Volunteer scheme. Freephone Helpline is available
Health Needs	Epilepsy	Epiweb	http://www.epiweb.org						postmaster@epiweb.org									Website of information for parents and carers of children who suffer from epilepsy run by parents.
Information Services & Advice		Equality Advisory and Support Service	http://www.equalityadvice.org.uk	0808 800 0082														Equality Advisory and Support Service
Education	Educational Re	Ethnic Minority Achievement Team (EMAT)		033 022 28374					hazel.squire@westsussex.gov.uk									Works with schools and families to ensure access to the curriculum for children for whom English is an additional language.
Information Services & Advice		Every Disabled Child Matters (EDCM)	http://www.edcm.org.uk	020 7843 6082					info@edcm.org.uk									National Agency that promotes and monitors human rights and enforces, protects and promotes equality.
Education	Educational Re	EYPARM process and EHC Needs Assessment		0330 222 8947					kirsty.lauder@westsussex.gov.uk									For more information about the EYPARM process and EHC Needs Assessments, speak to Kirsty Lauder, EYPARM Caseworker
Grantmaking	Education	Family Action	https://www.familyaction.org.uk	020 7254 6251														Provides welfare and educational grants to families on benefits or low incomes. Guidelines and applications forms are available to download from the charity's website.
Health Needs	Life Limiting &	Family Fund	http://www.familyfund.org.uk	01904 621115					info@familyfund.org.uk									The Family Fund helps UK families caring at home for a severely disabled or seriously ill child, aged 17 and under by providing grants related to care of the child.
Information Services & Advice		Family Fund Extra	http://familyfundextra.org.uk/															Discounts for disabled 0-25years on products and services from high street retailers and organisations.
Grantmaking	Leisure, Sports,	Family Holiday Association	http://www.familyholiday.org.uk	020 3117 0651					grantofficer@FamilyHolidayAssociation.org.uk									Provides funding to enable families on low incomes to have a holiday. Applications must be made by referral from a welfare agent, for example social worker, health visitor, or GP.
Information Services & Advice		Family Information Service (WSCC)	http://familyinfoservice.org.uk	01243 777807					family.info.service@westsussex.gov.uk									A coalition of organisations campaigning to get rights and justice for disabled children.
Carers Support Organisations		Family Lives	http://www.familylives.org.uk	0808 800 2222					parentsupport@familylives.org.uk									Information, advice and support to parents and families.
Play and Leisure	Respite and Sh	Family Placement Disabilities Team		01243 777100	Contact centre													Scheme which recruits and assesses individuals and families to provide short breaks for children and young people with disabilities aged 0 -18 years.
Health Needs	Counselling	Family Resource Team - County Team		01903 236562														Works with children and young people aged 8-16, their families and carers who are having problems and at risk of family breakdown. Referrals via Children and Young People's Services and Joint Access Team only.
Carers Support Organisations		Family Rights Group	http://www.frg.org.uk/	0808 801 0366														Advises, advocates and campaigns for families involved with or require social care services.
Education	School	Famey Close School Ltd	http://www.fameyclose.co.uk/										Bolney Court		Haywards Heath		RH17 5RD	A mixed residential or day secondary school (11-17 years) for children experiencing social, emotional and behavioural difficulties.
Play and Leisure		Ferring Country Centre	http://www.ferriಂಗcountrycentre.org.uk	01903 245078					office@ferriಂಗcountrycentre.org									Provides training and work experience for people with learning difficulties. Gardens, horse riding centre and cafe.
Physical Disabilities		Fibromyalgia support group for Sussex and	http://www.ukfibromyalgia.org.uk	0844 887 2383					secretary@fms-sas.co.uk									Support groups for people with fibromyalgia.
Play and Leisure	Sports	Field Place		01903 244034					pauline.nuddock@worthing.gov.uk				The Boulevard		Worthing			Wheelchair accessible bowling green.
Education	Special Support	Field Place First School (Speech and Language)	http://www.fieldplace.org.uk	01903 700234					office@fieldplace.w-sussex.sch.uk				Nelson R	Goring By	Worthing		BN12 6EN	Special Support Centre for children with speech and language difficulties.
Play and Leisure	Respite and Sh	Finches		01444 245117														Fully accessible bungalow run by Chaleys Heritage offering respite care and an outreach in the child's own home, for children with complex health needs aged 0-16 years. 24 hour nurse care provided.
Play and Leisure	Sports	Fishbourne Bowling Club, Chichester		01243 790016					anwhitney@talktalk.net									Bowling club for all ages held at Blackboy Lane, Fishbourne.
Play and Leisure	Sports	Flemingoes Club		01293 585350					kevin@ford0180.freeseerve.co.uk									Swimming club for adults with physical disabilities.
Grantmaking	Health	Florence Nightingale Aid In Sickness Trust	http://www.fnaist.org.uk	0207 998 8817					ann.griffiths@fnaist.org.uk									Provides grants to people of all ages who are sick, in poor health or disabled and require medical services and/or equipment to improve their quality of life. Funding available for convalescent and respite care, medical aids, household aids, fridges and essential drug storage. If at the time of applying funding is limited, priority is given to people who have professional, secretarial or administrative qualifications. Applications need to be completed by a relevant professional, for example, GP, social worker or healthcare professional.

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Play and Leisure	Music and Arts	Footloose Dance Theatre Group		01293 438156					community.arts@crawley.gov.uk									Dance theatre group for children and young people aged 6 - 19 years with learning disabilities. Wednesdays 5.30pm-6.30pm Manor Green Primary School.
Education	School	Fordwater School	http://fordwater.myedu	01243 782475					office@fordwater.w-sussex.sch.uk				Summersdale Road	Chichester	Chichester	PO19 6PL		Co-educational school for two to 19-year-olds with severe learning difficulties.
Play and Leisure	Sports	Forest Flyers (Horsham)		07889 389315														Football coaching for seven- to 18-year-olds with disabilities.
Mobility and Equipment		Forum of Mobility Centres, Advice and Infor	http://www.mobility-centres.org	0800 5593636					mobility@rcht.com.will.nhs.uk									Independent mobility centres which offer information, advice and assessment for people who have a medical condition which may affect their ability to drive or to get in and out of a motor vehicle.
Learning Difficulties		Foundation for People with Learning Disabilities	http://www.learningdisabilities.org.uk	020 7803 1100														Wide range of services providing information, advice, training, day care, support and campaigning on behalf of people with learning disabilities.
Health Needs		Fragile X Society	http://www.fragilex.org	01371 875100					info@fragilex.org.uk									Information, advice, resources and peer support to families of children with Fragile X Syndrome.
Play and Leisure	Sports	Freedom Leisure	http://www.freedom-leisure.co.uk	01293 516703					hq@freedom-leisure.co.uk									Recreational play and sports activities for young disabled children including arts and crafts, boccea, new age curling, aqua fit and gym sessions. Fun days are also held four times a year.
Play and Leisure	Music and Arts	Freedom Through Fun	http://freedomthroughfun.org	01243 774392		Chris North			chris@fun61418.wanadoo.co.uk									Workshops include: Drama; Circus Skills; Storytelling; Clowning around/ Slapstick; Puppets; Songs; Games; Improvised music making; Fun! Chris can provide one hour Workshops or half days. Half days can combine a number of different activities.
Play and Leisure		Friday Zone		01243 774439		Youth Leader's Office			nikki.stenner@westsussex.gov.uk				Pagham & Rose Gre	Bognor Regis				Youth club for young people with special needs and/or autistic spectrum disorder, aged 11-19 years. One Friday a month.
Carers Support Organisations		Friends of Carers, Mid Sussex		01444 453397					sarahlapp@hotmail.co.uk									Provides a friendly social gathering for both carers and ex-carers.
Play and Leisure		Fun and Breaks		01243 777100					fab@westsussex.gov.uk									
Learning Difficulties		Garden Minders		01903 695861					gardenminders@hotmail.com									Offers voluntary work to people with mental health needs.
Mobility and Equipment	Computers	Gardener's Trust For The Blind		020 7253 3757	Secretary								c/o Miss Angela Stewart, Smithfield Accountants, 117 C London, EC1M 6AA					Offers grants to blind or partially sighted persons in England and Wales for computer equipment, courses, etc. Applications should be made in writing.
Play and Leisure		Gaston Farm	http://www.gastonfarm.com	01243 814269					info@gastonfarm.com									Child friendly community farm near Slindon
Play and Leisure		Gateway Club - Bognor		07967 107783														Social clubs for adults and older teens with disabilities.
Play and Leisure		Gateway Club - Burgess Hill		07592 609785														Social clubs for adults and older teens with disabilities.
Play and Leisure		Gateway Club - Crawley		01293 516703									Gateway Pease Pot	Crawley				For adults with a learning disability. Tuesdays, 7-9pm (term time). 50p a session.
Play and Leisure		Gateway Club - East Grinstead		01342 325883			07592 609785						Wallis Centre, De La Warr Road					For people with a learning disability over 16. Every other Thurs, 7-9pm.
Play and Leisure		Gateway Club - Haywards Heath		01444 484350														For adults with learning difficulties, Weds, 7-9pm. £1 per session.
Play and Leisure		Gateway Club - Horsham		01273 492465														Social clubs for adults and older teens with disabilities.
Play and Leisure		Gateway Club - Lancing		01903 764647														Social clubs for adults and older teens with disabilities.
Mobility and Equipment		GBL Wheelchair Services Ltd - Littlehampton		01903 733528					info@gbwheelchairs.com									Sells powered and manual wheelchairs and scooters, both new and secondhand. Also hires out manual wheelchairs. Can supply sports chairs and handbikes, walking aids and ramps.
Play and Leisure		Get Active Festival		01243 534799														Free annual event, local sports groups offer free taster sessions for all
Mobility and Equipment		Get Kids Going		020 7481 8110					info@getkidsgoing.com									Aims to provide disabled children and youngsters up to age 25 with the opportunity of participating in various sports by providing specially built sports wheelchairs. Also by giving disabled athletes sports grants for training, travel to competitions, equipment etc.
Health Needs		GIFT - The Children's Transplant Charity	http://www.giftctc.org.uk	0845 094 5810					info@giftctc.org.uk									Aims to support families awaiting transplantation and families whose children have been through the procedure.
Physical Disabilities		Gina Farmer - chartered physiotherapist for	http://www.physio4kids.org	01243 376263			07711 826523		gina@physio4kids.org.uk									Treatment in your own home or clinic sessions. Rehabilitation after Surgery. Co-ordination difficulties. Developmental Delay. Poor Posture. Back Pain. Muscle or Joint Pains also treated. Charges apply - see website.
Carers Support Organisations		Gingerbread	http://www.gingerbread.org.uk	0808 8020 925														Information, advice, training and local groups for single parents.
Play and Leisure		Girlguiding UK	http://www.girlguiding.org.uk	0800 169 5901			01243 553592	pecial needs advice	info@girlguiding.org.uk									National umbrella organisation for girl guides throughout the UK.
Grantmaking	Hardship	Glasspool Charity Trust	http://www.glasspool.org	020 8520 4354														Provides grants to individuals for the relief of poverty, distress, ill health or disability. Applications must be made via an eligible agency, for example, a charity. Grants can be as low as £50 or as high as £5,000. Guidelines and an application form are available from the trust on request.
Education	Educational Re	Global Mediation	http://www.globalmediation.co.uk	0800 064 4488					info@globalmediation.co.uk									Provides mediation on a number of issues including specialist service over disputes concerning children with special educational needs.
Play and Leisure	Sports	Global Tennis		01403 253477					tennis@globaltennis.co.uk									Tennis activities for aged 4-16 and adults who are wheelchair users, with learning or physical difficulties.
Mobility and Equipment		Go Kids Go	http://www.go-kids-go.org.uk	01482 887163					roy@go-kids-go.org.uk									Provides wheelchair skills training to children and young people across the UK.
Play and Leisure		Golden Lion Children's Trust	http://glct.org.uk/	01273 891963					enquiries@glct.org.uk									Days out for children with special needs.
Learning Difficulties		Grace Eye Foundation	http://www.grace-eyre.org	01273 201900					enquiries@grace-eyre.org									Provides various services designed to help people with learning difficulties access community opportunities including sports, learning and leisure.
Carers Support Organisations		Grandparents Plus	http://www.grandparenplus.org.uk	020 8981 8001														Support and advice for grandparents, especially those in a caring role.
Play and Leisure		Gully's Day Out	http://www.albioninthe.org	01273 668590			07823 884311		GullysDayOut@albioninthecommunity.org.uk									Opportunities for disabled children and young people to access some of Sussex's top attractions and leisure facilities.
Play and Leisure	Sports	Gym Joys		07799 836341					info@gymjoys.com									Gymnastics designed to help improve motor skills in children with and without special needs.
Grantmaking	Leisure, Sports,	Happy Days Children's Charity	http://www.happydays.org.uk	01582 755999					enquiries@happydayscharity.org									Provide grants towards the costs of day trips, outings and holidays for disadvantaged children and young people aged from three to 17 years and their families. Further details on grant programmes and how to apply are available on the charity's website.
Education	Special Support	Hazelwick School (Hearing Impairment Unit)	http://www.hazelwick.org.uk	01293 403344					office@hazelwick.org.uk				Hazelwick Three Brid	Crawley			RH10 1SX	Sensory Support Centre for up to ten children with hearing impairment.
Health Needs		Headway	https://www.headway.org.uk	0808 800 2244					enquiries@headway.org.uk									Information, advice, local groups and campaigning on behalf of people affected by brain injuries.
Learning Difficulties		Health Action Plans for people with learning difficulties		01243 813400		Chichester												Annual Health Checks and Health Action Plans help people with learning difficulties to maintain and improve their health. Adur, Arun and Worthing 01903 843350; Horsham, Crawley, Mid Sussex 01403 225100
Health Needs	Heart condition	Heart Transplant Families Together (HTFT)		01935 815652					htft@btopenworld.com									A parent support group covering heart and heart/lung transplantation in children. The group aims to support families awaiting transplantation and families whose children have been through the procedure.
Health Needs	Heart condition	Heartline Association	http://www.heartline.org.uk	0330 022 4466					admin@heartline.co.uk									A voluntary organisation offering support to children with heart conditions, and their families. Facilitates contact between families through local support groups, social events and a quarterly newsletter.
Learning Difficulties		HelpUZTalk	http://www.speechsussex.org	07950 008828					emilyhelpuztalk@gmail.com				4 Seahav	Shoreham Beach			BN43 5NX	Speech and Language Therapy for children 0-16; Experienced, well established independent speech and language therapist offering assessment, therapy, and report writing for children with a range of communication needs.

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Physical Disabilities		Hemihelp	http://www.hemihelp.org	0845 123 2372					helpline@hemihelp.org.uk									Provides support and information to children and young people with hemiplegia and their families; quarterly newsletters, workshops, activity days.
Play and Leisure	Sports	Henry House Hydrotherapy Pool	http://www.henryhouse.org	01903 232875					henryhouse1@ntlworld.com			Monday-Saturday, 8am-9pm						For people with physical disabilities and mobility problems. Advance booking.
Information Services & Advice		Henry Spink Foundation	http://www.henryspink.org/															Information and resources on a wide range of conventional and complementary therapies available on a wide range of disabilities and conditions.
Education	School	Heron Dale School	http://www.herondale.org	01273 596904					office@heronsdale.co.uk				Hawkins Crescent	Shoreha	Shoreham-by-Sea			A generic primary school for children aged four to 11 with a wide spectrum of special educational needs.
Play and Leisure		HI-Life Club		01403 782539			07767 433314		mgrant@theweald.org.uk				Weald School, Statio	Billingshurst				Tuesdays 7-9pm aged 11-19yrs. No charge. For young people with additional needs.
Health Needs	Residential Care	Hillcrest Care Ltd, Hampshire.	http://www.hillcrestcare.org	01243 792354			07880 552730		supportedliving@hillcrestcare.co.uk									Two residential homes located in Littlehampton. The Supported Living service covers East and West Sussex.
Play and Leisure	Respite and Sh	Holly Lodge		01403 255880														West Sussex Primary Care Trust run residential home offering respite care for children 0-19 years old with profound learning difficulties. Referral by social worker, community nurse, paediatrician, doctor.
Play and Leisure	Respite and Sh	Home-Start - Arun		01243 869611					arunhomestart@ukonline.co.uk									A voluntary organisation promoting the welfare of families with at least one child under 5 years of age. Volunteers offer regular support, friendship and practical help to families with difficulties in their own homes, helping to prevent family crisis and breakdown.
Play and Leisure	Respite and Sh	Home-Start - Chichester		01243 773477					edwina@home-startchichester.org.uk									A voluntary organisation promoting the welfare of families with at least one child under 5 years of age. Volunteers offer regular support, friendship and practical help to families with difficulties in their own homes, helping to prevent family crisis and breakdown.
Play and Leisure	Respite and Sh	Home-Start - Crawley and Horsham		01293 416327					info@homestartchams.org.uk									(see Home-Start - Arun)
Play and Leisure	Respite and Sh	Home-Start - Worthing and Adur	http://www.wahomesta.org	01903 236 916					info@wahomestart.org.uk									(see Home-Start - Arun)
Play and Leisure		Honeycote Saturday Playgroup		07855 863037			01293 527532											Playgroup for children with special needs.
Play and Leisure		Hop Skip and Jump	http://hopskipandjump.org.uk/						supervisor.horsham@hopskipandjump.org.uk									We offer immediate and flexible respite care. The centre contains soft play, sensory facilities and a fully accessible wet room, meaning that we can cater for anyone with additional needs, no matter how complex.
Information Services	District Council	Horsham District Council		01403 215100														
Play and Leisure	Music and Arts	Horsham Film Hub							jason@ethosfilm.co.uk									Inclusive digital production workshops providing the opportunity to learn basic and intermediate production skills in a friendly and fully accessible environment.
Play and Leisure	Sports	Horsham Leisure Link	https://hdsd.org.uk/	01403 215640														Provides various sporting and leisure activities including for children with additional needs.
Play and Leisure	Playschemes	Horsham SNAP	http://www.horshamnursery.org	01403 224444					office@horshamnursery.w-sussex.sch.uk									A weekly support group for children with additional needs and their families.
Play and Leisure		Horsham Sports & Arts		01403 215447	Community Dance officer, Emily Willis		01403 215640	Horsham Leisure Link, Sports Development officer, Ian Ford										01403 215637 Community Recreation officer, Paul Taylor
Play and Leisure	Sports	Horsham Table Tennis Club	http://www.horshamtabletennisclub.org	01403 215634			07764 146338											Caters for players aged over 7. Has dedicated coaching for disabled players.
Play and Leisure		Horsham Youth Centre		07840 336076					hyc@westsussex.gov.uk				Horsham Youth Centre	Horsham				A youth club for young people aged 13-19 years, with additional needs and disabilities held Wednesdays 7pm-9pm
Information Services & Advice		Housing Options, Sutton, Witney, Oxfordshire.		08454 561497					enquiries@housingoptions.org.uk									Housing advice and information service for adults with learning disabilities, carers and professionals.
Information Services & Advice		Hyde Housing Association Crawley Apartm	http://www.hydehousingassociation.org	0845 6001595					info@hydemartlet.co.uk									Housing association with disabled adapted studio apartments to let in Crawley.
Behavioural Difficulties		Hyperactive Children's Support Group	www.hacsg.org.uk	01243 539966					hyperactive@hacsg.org.uk									Provides help, advice, information and support to parents of children who may be hyperactive and/or have ADD
Health Needs	Speech and La	I CAN		0845 225 4071					info@ican.org.uk									Special focus on children with communication disability. Provides a combination of specialist therapy and education for children, information for parents, and training and advice for teachers and other professionals. See also http://www.talkingpoint.org.uk
Information Services & Advice		IMPACT Advocacy Service (Part of Impact Initiatives)		01903 730044					advocacy@impact-initiatives.org.uk									Provide an independent, crisis (short-term issues-based) advocacy service to adults with disabilities by creating and supporting one to one partnerships between individuals and paid or volunteer advocates
Play and Leisure	Sports	Impulse Leisure - Wedura Pool	http://www.impulseleisure.org	01273 238000														Aqua therapy on Mon and Thurs mornings for all ages with disabilities. 1 to 1 support provided.
Play and Leisure	Sports	Inclusive Multi Sports Club (Branching Out)		01243 785651					westgateleisure@chichester.gov.uk									Sports club for people with and without disabilities and their families and carers.
Information Services & Advice		Independent Lives	http://www.independentlives.org	08456 0123 99			01903 219 482		info@independentlives.org									Information, care and support services designed to enable people with care needs to be independent
Physical Disabilities		Independent Living Association - West Sus	http://www.independentliving.org	01903 219482					directpayments@ilawestsussex.org									A joint initiative by the Independent Living Association (ILA) and West Sussex County Council to implement the Council's Direct Payments policy for disabled people over the age of 16, parents of disabled children and carers. Direct Payments is a cash payment to people who need social services to live independently. The payment enables people to arrange and pay for personal assistant services as an alternative to services provided by West Sussex County Council. Also provides information, advice and support to people interested in managing their own personal assistant arrangements. An advocacy service (Advocacy for Independence) is provided by the ILA.
Physical Disabilities		Independent Living Funds	https://www.gov.uk/government/organisations/independent-living-funds	0845 601 8815					funds@ilf.org.uk									Government funded trust to help severely disabled people live independently in the community. Contact or look at website for details of criteria for application.
Education	Educational Re	Independent Panel for Special Education A	https://www.ipsea.org	0800 018 4016	Advice Line				ipsea.info@intamail.com									IPSEA offers free and independent advice and support to parents of children with special educational needs
Information Services & Advice		Information, Advice and Support Service	www.iasnetwork.org	0845 075 1008	Helpline				parent.partnership@westsussex.gov.uk									A service for parents and carers of children with special educational needs. Helpline provides advice and information on educational issues.
Education	School	Ingfield Manor School	http://www.scopegroup.org	01403 782294					ingfield.manor@scopegroup.org.uk						Five Oak	Five Oak	RH14 9AX	A day and weekly boarding school for children (aged three to 16+) years with cerebral palsy or physical difficulties.
Play and Leisure		Inspire Littlehampton - Interactive Room	http://www.inspireleisure.org	01903 725451					littlehampton@inspireleisure.co.uk									Interactive room includes dance mats, sensory lights, games and a DJ sound system. Block bookings are taken for schools or you can book the room for the family.
Mobility and Equipme	Computers	IT Can Help - British Computer Society Disa	https://www.britishecpc.org	0800 269545					sussex@itcanhelp.org.uk									Offers local computer assistance to individuals with disabilities, requests are handled by Abilitynet.
Health Needs	Heart condition	Ivemark Syndrome Association		01202 699824					gladki@yahoo.co.uk									Support group for parents of children with Ivemark Syndrome. Aim to reach other families to offer support & friendship.
Mobility and Equipment		J C Robinson Trust No.3		01453 842243									Southend Farm, Woo	Gloucester			GL12 7PB	One off grants of up to £1,000 to people in need with a preference for those living in Sussex, Bristol and South Gloucester. Includes wheelchairs and washing machines. Applicants please apply by letter with the backing of a professional who knows the situation such as a doctor or social worker.
Health Needs		JABS	http://www.jabs.org.uk/	01942 713565														Support group for parents of children who have had a health problem following vaccination.
Physical Disabilities		Jennifer Trust for Spinal Muscular Atrophy	http://www.smasupport.org	0800 975 3100	Helpline													Support group for children and adults who have Spinal Muscular Atrophy and their families. Quarterly newsletter and annual conference weekend. Grants available towards specialist equipment. Network of contact volunteers offering local support and advice
Sensory Impairments		Jigsaw Occupational Therapy Ltd	http://www.jigsaw-ot.co.uk	01444 616162					info@jigsaw-ot.co.uk				Lyes Farms Offices C	Burgess Hill				A specialist provider for children and young people. Our dedicated assessment and Sensory Integration therapy centre is the first and only one of its kind in Sussex.
Play and Leisure		Jo Jinglee (Worthing-Arun)	http://www.jinglee.co.uk	07961 281152					rebeccatjo@hotmail.com				31 Cheste	Goring by Sea			BN12 6BY	We run fully inclusive sessions for pre-schoolers in the Worthing area. We also deliver Saturday activity sessions for SEND families and offer one-to-one sessions.
Information Services	Financial Advic	Jobcentre Plus		0800 0556688	Customer Contact Centre													Offers services previously delivered by jobcentres and social security offices. Enquirers must know National Insurance number. Bognor Regis 0845 6086715; Chichester 0845 6043719; Crawley 01293 726200; Haywards Heath 01444 338083; Horsham 0846 6043719; Littlehampton 01903 545335; Worthing - Tel: 01903 286230
Grantmaking	Equipment	Joseph Patrick Trust	http://www.muscularardystrophy.org	0800 652 6352					info@muscularardystrophy.org.uk									Provides grants for wheelchairs, mobility equipment, therapy equipment and discretionary payments for the relief of stress to people with muscular dystrophy.

Category	Subcategory	Organization	Website URL	Main phone	Main phone is for (branch, role, person)	Named contact	Secondary phone	Secondary phone is for...	Main email	Facebook	Twitter	Opening times	Address 1	Address 2	Town	County	Postcode	Description
Education	Early Years	Kamella Kids	http://www.kamellakid	01903 504077														Inclusive nursery for under fives in Worthing.
Play and Leisure	Playschemes	Kangaroo Breakaway Club		01444 255120	Administrator				info@kangaroos.org.uk				The Yews, Bolto Rd		Haywards Heath			Runs Saturday clubs and holiday playschemes for children aged 6 - 19 with learning difficulties living in Mid-Sussex. Sessions must be booked in advance.
Play and Leisure	Play and Toys	KIDS		020 7359 3073			01329 312312	KIDS South East	pip@kids.org.uk									Kids is a national charity working with Disabled children, young people and their families. Kids offers education for under 5's, play and leisure, and family support, through five regional centres and provides training, publications and advice nationally for parents and professionals to promote inclusive play and leisure through its National Development Division.
Grantmaking	Leisure, Sports	Kids Direct Short Breaks	http://www.directshortbreaks.org.uk/						enquires@directshortbreaks.org.uk									Provides a short break service for disabled children and young people up to 25 years. They can provide a carer to support the child or young person on a day trip or outing depending on what they want to do. For carers it's an opportunity for a short break which can be from 1 hour to a full day. Unfortunately, the service is not available across the country but the charity is expanding.
Mobility and Equipment		KidsOut	http://www.kidsout.org	01525 385252					kidsout@kidsout.org.uk									National charity providing fun for disadvantaged children and special needs children throughout the UK. Kids Out funds fun days out and special activities.
Play and Leisure	Sports	Lancing Leisure Centre	http://www.impulseleis	01903 524624														Various sports and leisure activities, including for children with disabilities.
Health Needs	Residential Care	L'Arche, Bognor Regis	http://www.larchebogn	01243 863426					bognor@larche.org.uk									Provides person-centred support to adults with learning disabilities within a community structure. Has three registered care homes and also supports people in their own homes.
Play and Leisure	Sports	Lavinia Norfolk Centre, The Angmering Sch	http://www.angmering	01903 773146	Mark Andrews				slatter@angmeringschool.co.uk									Hydrotherapy pool with hoist, suitable for disabled people and wheelchair users, can be hired when not in school use, contact Michelle Smith.
Grantmaking	Education	Lawrence Atwell Charly	http://www.theskinners	020 7213 0561					atwell@skinners.org.uk									Provide grants towards vocational training and the costs of getting a job for young people from lowincome families. Priority is given to young people with additional barriers in life, including a disability.
Mobility and Equipment		League of the Helping Hand	www.lhh.org.uk	01444 236099					secretary@lhh.org.uk									Provides grants for people who are in financial need due to illness or disability. Applications via professional person who knows details of finances and personal circumstances
Education		LearnDirect	http://www.learnirect	0800 101901														An e-teaching organisation with a network of online learning centres providing flexible learning for adults wanting to improve existing skills or to learn new ones.
Education	Educational Re	Learning and Behaviour Advisory Team		03302 228519					denise.snook@westsussex.gov.uk									Specialist advisory teachers who work with staff (and parent carers) in mainstream schools to support children with learning difficulties. Referrals via mainstream school SENCOs or staff.
Education	Educational Re	Learning Assessment and Neurocare Cent	http://www.lanc.uk.co	01403 240002					info@lanc.uk.com									Assessment and management of children with complex neurodevelopmental difficulties.
Learning Difficulties		Learning Difficulty Partnership Board		01903 839050		Development Manager												Has responsibility for delivering the Government's 'Valuing People'.
Play and Leisure	Play and Toys	Lego Club (NAS Worthing)	http://www.nasworthing	07766 525909					worthing@nas.org.uk									Lego building club organised by the Worthing branch of the National Autistic Society.
Play and Leisure		Leisure Card, Worthing		01903 502237					leisure@horsham.gov.uk									Gives reduced rates at facilities at selected times for people claiming Jobseekers Allowance, Income Support or Incapacity benefit. Cards can be obtained from Worthing Leisure Centre and Worthing Aquarena.
Play and Leisure	Sports	Leisure Connection, Littlehampton, Bognor Regis, Arundel		01903 731681														This discount scheme is for leisure facilities and offers customers a wide range of opportunities to get involved in fun and healthy activities in their leisure time.
Information Services & Advice		Leonard Cheshire Disability, Shoreham by	https://www.leonardch	01903 230930					gill.donovan@lcdisability.org									Supported housing for adults with learning difficulties.
Health Needs	Life Limiting &	Leukaemia Care Society	http://www.leukaemia	0800 169 6680					enquiries@leukaemiacare.org.uk									Support and information for those with leukaemia and similar blood disorders via volunteers throughout the UK. May be able to provide limited financial assistance and holidays
Grantmaking	Equipment	Lifeline 4 Kids	http://www.lifeline4kids	020 7794 1661														Helps disabled children from birth to 18 years. Provides support to purchase a range of resources such as communication aids, wheelchairs and specialist computer equipment.
Play and Leisure	Music and Arts	Lifemusic		01243 265880					info@lifemusic.org									Provides direct access to creative music for all ages and abilities.
Play and Leisure		Links Gateway Club, Bognor Regis		07986 884568								Tues, 7-9p	Willowhale Hall, Rose		Bognor Regis			Social and sports club for adults with learning difficulties
Play and Leisure		Lions Club, Bognor Regis	http://www.bognorlions	0845 8337495					welfare@bognorlions.co.uk									Annual, free, it's a Knockout event in October for adults with learning disabilities. The Arena in Westloats Lane, Bognor Regis, with certificates for every contestant.
Education	Educational Re	Listening Books		020 7407 9417					info@listening-books.org.uk			Tues, 7-9pm, term time						Postal and internet-based library service providing audio books for people of all ages who find it difficult or impossible to read owing to illness or disability.
Education	School	Littlegreen School	http://www.littlegreen	02392 631259					office@littlegreen.w-sussex.sch.uk					Compton	Chichester	Chichester	PO18 9NW	Special school for boys at Key Stage 2 and 3 who have social, emotional and behavioural difficulties.
Play and Leisure	Music and Arts	Lizzie's Craft Club	http://lizziebaily.com/	01243 641470					lizzie@lizziebaily.com									Craft club for children aged four to 11 years in a custom built, wheelchair accessible art studio. Free places for disabled children and siblings funded by Wellspring West Sussex.
Learning Difficulties		LOADS Local Opportunities and Awareness of Down's Syndrome																Charity providing support to people with Down's Syndrome
Information Services & Advice		Local Government Ombudsman	http://www.lgo.org.uk	0300 061 0614														Free service that investigates complaints made against local councils and some other authorities including education admission appeals panels and adult social care providers.
Play and Leisure	Sports	Lodge Hill Centre	www.lodgehill.org.uk	01798 831411														Outdoor education centre, activities and conference facilities. Fully accessible eco lodge.
Learning Difficulties		Lodge Hill Rural Computer Centre, Waterfield		01798 831411					openlearning@lodgehill.org.uk									Special desk for people with disabilities for all ages. Large 21inch screen.
Education	Special Suppor	London Mead Community Primary School (http://www.londonmee	01444 232336					office@londonmeedprimary.co.uk				Chanctonbury Road		Burgess Hill		RH15 9YQ	Special Support Centre for up to 16 children with speech and language difficulties.
Sensory Impairments	Visual Impairm	LOOK - Sussex	http://looksussex.org.uk	01273 832267			07703 434119		wendy@looksussex.co.uk									Charity providing information and support for families in East and West Sussex who have a child or young adult with a visual impairment.
Learning Difficulties		LOVECCB		01293 440035			01293 533193		equilibrium@btinternet.com									Offer support to families of children and adolescents with autistic spectrum disorders. Bring families together to break the isolation and support by telephone, email and through the post. Provide practical help with forms. Fortnightly meetings held in Broadfield & Pound Hill & home visits can be arranged. Serves whole of West Sussex.
Education	Special Suppor	Lyndhurst First School (Social Communicat	http://www.lyndhurstfir	01903 235390					office@lyndhurst-school.co.uk				Lyndhurst Road		Worthing		BN11 2DG	Special Support Centre for up to eight children with autism/complex communication disorders
Health Needs		Macmillan Cancer Support	http://www.macmillan	0808 8080000			020 7091 2010	Learn Zone										Provides practical, medical, emotional and financial support and push for better cancer care. Includes Macmillan Nurses and Macmillan Support Line.
Information Services	Financial Advic	MACS (Money Advice and Community Sup	http://www.macss.org	01273 664000					info@macss.org.uk									Counselling, advice and support to people in Sussex who are having trouble managing their finances.
Education	Special Suppor	Maldenbower Junior School (Additional Lea	http://www.maldenbow	01293 883758					office@maldenbowerjunior.w-sussex.sch.uk				Harvest R	Maldenbo	Crawley		RH10 7RA	Special Support Centre for up to 12 children with dyslexia.
Health Needs	Life Limiting &	Make-A-Wish Foundation UK	https://www.make-a-wi	01278 24127														Grants the wishes of children aged 3-17 years who live with life-threatening illnesses.
Education	School	Manor Green College		01293 520351					office@mgcollege.co.uk				Lady Mar	Ifield	Crawley		RH11 0DX	Secondary school for students between the ages of 11 to 19, who experience a wide range of learning difficulties.
Play and Leisure		Manor Green College Youth Club		01293 520351									Youth Wing, Thomas		Crawley			Mondays 6-9pm
Education	SEND Hub Net	Manor Green Hub											c/o Manor Green Primary School					
Education	School	Manor Green Primary School	http://www.manorgree	01293 526873									Lady Mar	Ifield	Crawley		RH11 0DU	Caters for pupils with ages ranging from two to 11 years. All pupils have learning difficulties and additional needs.
Grantmaking	Leisure, Sports	Margaret Champney Fund	http://www.ogilviechar	01394 388746					info@ogilviecharities.org.uk									Small grants for carers primarily in order to take a short break or holiday. Applications must be made via a social worker, community nurse or other relevant agency.
Play and Leisure	Sports	Mastersport - Angling		07919 155174			01424 846951		info@mastersport.org.uk									Inclusive angling sessions for young children.

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Education	SEND Hub Net	Meede SEND Alliance							SENDAlliance@woodlandsmeed.co.uk									
Mobility and Equipment		Melanie Braysher Trust																
Learning Difficulties		MENCAP	http://www.mencap.org	0808 808 1111	Helpline				help@mencap.org.uk									The UK's leading learning disability charity supporting people with learning disability, their families and carers.
Learning Difficulties		MENCAP - Mid Sussex	http://www.midsussex	01444 471 431					chair@midsussexmencap.org.uk									Provides support, social activities and funding to people with learning difficulties.
Learning Difficulties		MENCAP - Sussex & Surrey		01905 740500					annabel.forbes@mencap.org.uk									
Learning Difficulties		MENCAP - West Sussex (Personal Support) Haywards Heath		01444 459460					jayne.penn@mencap.org.uk									Offers residential placements for adults with a learning disability.
Play and Leisure	Sports	MENCAP - Worthing / Buddys Worthing Me	http://www.worthingme	01903 202030					buddyswms@btinternet.com									Day centre, sports club and other activities for people with learning disabilities
Play and Leisure	Music and Arts	Mencap Arts Spider		01444 449088					artspider@mencap.org.uk									Mencap learning disability arts project and Arts Development.
Play and Leisure	Sports	Mencap Worthing Summer Fun Day		01903 235249					pauline.heryet@btinternet.com									For anyone with a learning disability held at Worthing Leisure Centre. Advance booking required. Also has a beach hut at Littlehampton available to families of people with learning disabilities at no hire charge. Grants are only provided when all over sources of funding have been exhausted. It will help pay for counselling, medical equipment, household goods, clothing and respite breaks. The Trust also provides advocacy support and will help liaise with local authorities and other agencies. Help is also provided to disabled adults and carers with mental health problems. Applications should be made by letter to the Trust outlining the support required by an appropriate professional.
Grantmaking	Hardship	Merlin's Magic Wand (MMW)	https://www.merlinsmagicwand.org/															
Mobility and Equipment		MERU	http://meru.org.uk/	01372 725 203					info@meru.org.uk									Design and custom building specialist equipment for children and young people with disabilities.
Education	SEND Hub Net	Mid Sussex ASCEND	http://centralmidsussexschools.co.uk/home/															
Play and Leisure		Mid Sussex Sports & Arts	http://www.midsussex	01444 477012	Caroline Harding, Participate Mid Sus		01444 477207	Scott Harrison, Football Development and Health officer										01444 458166 Lin Parkinson, Community Development officer
Information Services	District Council	Mid-Sussex District Council		01444 458166														
Play and Leisure	Playschemes	Millpond Integrated Adventure Playground		01293 542174					nikke.gladwin@crawley.gov.uk									Open access facility for children aged 6-16yrs, open term time from Tuesdays/Fridays 3pm-6pm, plus Saturdays and school holidays from 10.30am - 6pm. This facility has been specially designed for children with disabilities.
Play and Leisure	Music and Arts	Millstone Studio	http://www.independe	01273 831400					janer@independentlifestyles.co.uk									Small craft studio offering various activities for adults with learning difficulties.
Health Needs	Mental Health	Mind	http://www.mind.org.uk	020 8519 2122					contact@mind.org.uk									Information, advice, training, local groups and campaigning on behalf of people with mental health needs.
Information Services & Advice		Mind West Sussex Advocacy Services		01903 216430			07721 099540											
Grantmaking	Hardship	Miracles	http://www.miracleshe	01903 775673									PO Box 3003		Littlehampton		BN16 1SY	Provides crisis grants to children and families 'who fall through the net of other aid agencies'. Grant guidelines do not appear to be available. For further information we suggest making an enquiry directly to the charity.
Physical Disabilities		Miss Alignment	http://www.missalignm	07799 707483														A qualified personal trainer with a specialism in movement and adapting exercise for people with disability. I am passionate about my clients achieving their goals and improving their well-being and quality of life.
Mobility and Equipment		Mobility Information Service		01743 340269					mis@nmck.freeserve.co.uk									Provides information on vehicle purchase, adaptation, wheelchairs and other mobility equipment. Advice on DLA and information on mobility concerns.
Mobility and Equipment		Mobility Trust	http://www.mobilitytrus	0118 984 2588					mobility@mobilitytrust.org.uk									Provide powered wheelchairs and scooters to disabled children and adults who cannot obtain them through statutory sources or purchase such equipment themselves. (Do not give grants). Equipment is provided following professional assessment by a physiotherapist or occupational therapist.
Play and Leisure		Monday Youth Club		01903 714305					stuart.kingsley@westsussex.gov.uk						The Flintstone Centre	Littlehampton		Age 11-25 yrs. Monday 7-9pm term time. Free. Any disability. Mainly pupils from Oakgrove College. Cooking, Dancing (Street dancing, wheelchair dancing & discos), sports activities.
Play and Leisure	Music and Arts	Monica Cantwell Trust Special Needs Drama Group		01342 833297								Tuesday, 7.15-8.45pm						Lingfield and Dormansland Community Centre.
Mobility and Equipment		Motability	www.motability.co.uk	0300 456 4566	Car Schemes		0845 675 0009	Minicom										Provides affordable convenient, and trouble-free motoring. Also offers financial assistance for mobility solutions in certain circumstances.
Education	Colleges	Mount Camphill Community	http://www.mountcam	01892 782025					office@mountcamphill.org									A therapeutic community for young people with special needs, offering further education and training in craft and practical skills such as horticulture, weaving, ceramics, baking, and woodwork.
Play and Leisure		Moving Barriers	http://www.crawley.gov	01293 585350					matt.laird@crawley.gov.uk						K2 Leisur Pease Pot	Crawley		Sporting activities for disabled people aged between six and 25.
Information Services & Advice		Moving On Up	http://www.movingonu	01246 541675														Website for young people 14-25yrs with a learning disability from minority ethnic communities to find out about transition.
Education	School	Muntham House School	http://www.muntham.o	01403 730302					office@muntham.org.uk						Barns Green	Horsham	RH13 0NJ	Residential school for boys (eight to 18 years) who have learning difficulties associated with behavioural, emotional, and social difficulties.
Physical Disabilities		Muscular Dystrophy UK	http://www.musculardy	0800 652 6352					info@muscular-dystrophy.org									A national charity which researches into treatments and cures for people affected by any of the conditions known as muscular dystrophy or by a related neuromuscular disorder. Provides expert medical care at Muscle Centres; information; advice; a team of Care Advisers and financial assistance with essential equipment.
Play and Leisure	Music and Arts	Music Man		01273 890595			07503 071494	Ros	geoff@theopenchord.com									Individual and group creative music and country dancing sessions for over 16s with learning disabilities.
Play and Leisure	Music and Arts	Music Workshops		07977 715283		Adam Gellibrand			aggellibrand@hotmail.co.uk									Music workshops with local community musician Adam Gellibrand. The workshops can be tailored to the individual needs of the group.
Play and Leisure	Sports	MXT Swimming School	http://www.mxtswims	01903 532765			07944 237614		mxtswim@gmail.com									Swim school for children and young people with and without special needs (0 to 12 years).
Information Services & Advice		Myplace, Worthing		01903 705100					c.bladen@southdownhousing.org									Housing related support service aimed at vulnerable young people 16-25yrs, living in the Chichester District.
Education	Educational Re	National Association For Special Education	http://www.nasen.org	01827 311500					welcome@nasen.org.uk									NASEN exists to promote the development of children and young people with special educational needs and supports those who work with them.
Learning Difficulties		National Autistic Society	http://www.autism.org	020 7833 2299			0845 070 4004	Autism Helpline	nas@nasen.org.uk									Information, advice and services for children and adults with Autism and Asperger Syndrome
Behavioural Difficultie	Autism	National Autistic Society – 111 (Worthing Branch)		07766 525909														Local branch of the NAS.
Sensory Impairments	Visual Impairm	National Blind Children's Society		01278 764 770			01278 764770	Family Support & In	FamilySupport@nbcs.org.uk									Offering emotional support, advice, information and practical help at and around the time of diagnosis and at other stages.
Information Services & Advice		National Centre for Independent Living		020 7587 1663														Disabled-led organisation that provides information, advice and training to enable disabled people to live independently.
Health Needs	Epilepsy	National Centre for Young People with Epil	http://www.youngpeople	01342 832243	Marketing Manager				info@youngpeoplepsy.org.uk									Provides specialist services, including education, care, support and information for young people with epilepsy, their families and carers, and professionals. Includes St Piers School and Further Education College, National Assessment Centre and research and training facilities.
Information Services & Advice		National Children's Bureau	http://www.ncb.org.uk/	020 7843 6000					enquiries@ncb.org.uk									Promotes quality services and support for children and their families.
Sensory Impairments	Deafness and	National Deaf Children's Society (NDCS)	www.ndcs.org.uk	0808 800 8880	Helpline				ndcs@ndcs.org.uk									Provides advice and information on all aspects of childhood deafness, including education, benefits, technology and equipment. Support with benefit claims, Disability Appeal Tribunals and special educational needs tribunals/appeals.
Health Needs		National Eczema Society	http://www.eczema.or	0800 089 1122			0870 241 3604	Information Line	helpline@eczema.org									To provide an improvement in the quality of life for the people with eczema and their families.

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Education	Educational Re	National Institute of Conductive Education	http://www.conductive	0121 449 1569					foundation@conductiveeducation.org.uk									Workshops, training and outreach services on the principles and methods of conductive education for children, adults, and their families.
Health Needs		National Kidney Federation	http://www.kidney.org	0845 601 0209			01909 544999		nkf@kidney.org.uk									
Education		National Networks of Assessment Centres	http://www.nnac.org/	01212 225362														We currently represent the majority (approximately 70%) of DSA Assessment Centres in England and all centres in Wales. Our membership consists of a broad range of DSA assessment providers including those based in higher education institutions, private businesses and the Open University DSA service.
Play and Leisure	Play and Toys	National Play Information Service		020 7843 6000					library@ncb.org.uk				8 Wakley Street		London		EC1V 7QE	Has a large specialist reference library and information service on the subject of play. Commercial play information and grants for play.
Education	Educational Re	National Portage Association - Chichester	http://www.portage.org.uk/						info@portage.org.uk									Provides information, advice and support to parents and professionals involved in Portage.
Sensory Impairments	Visual Impairm	National Talking Newspapers	http://www.tnaug.org.uk	0303 123 9999					helpline@mib.org.uk									Provision of audio-based newspapers in a variety of formats for blind and partially-sighted people
Education	SEND Hub Net	NEST	http://www.nestsend.org.uk/						enquiries@nestsend.org.uk									SEND network for East Grinstead and surrounding areas
Education	Educational Re	Network 81	http://www.network81	0845 077 4055	Helpline				network81@hotmail.co.uk									Offers practical help and support to parents throughout all stages of educational assessment. Grants ranging from £10 to £200 are provided towards the medical welfare of individuals living on benefits or a low income. Applications that are made online must be submitted by social services or a similar organisation.
Grantmaking	Health	Newby Trust Ltd	http://www.newby-trust.org.uk/						info@newby-trust.org.uk									
Grantmaking	Equipment	Newlife Foundation for Disabled Children	http://www.newlifechar	0800 902 0095														Provides grants towards the costs of equipment for disabled children and young people under the age of 18.
Health Needs		NHS Choices - England	http://www.nhs.uk/	0300 311 22 334					england.contactus@nhs.net									
Information Services & Advice		NHS Complaints Advocacy		0300 330 5454					nhscomplaints@voiceability.org									Free, independent and confidential advice, regarding complaints and concerns about the NHS. Provides essential equipment to terminally ill and disabled children under 19 years who live in the UK. Grants are provided for items such as wheelchairs, beds, communication aids, and therapy equipment. Initially, telephone (0800-802-0095) and discuss your child's needs with Newlife Nurse. If eligible, an application form can be downloaded from their website. A Therapist report is required and the grants are not means tested. Newlife also offer an emergency equipment loan service "Just Can't Wait" to deliver equipment within 72 hours to terminally ill children.
Grantmaking	Equipment	Nihal Armstrong Trust	http://www.nihalarmstrongtrust.org.uk/															Offers courses for extended education for 16+ and mature students to develop confidence and personal independence. Check for wheelchair access.
Education	Colleges	Northbrook College	http://www.northbrook	0845 1556060			07786 200170	Text	enquiries@nbcol.ac.uk									
Education	Special Suppor	Northgate Primary School (Hearing Impaim	http://www.northgate	01293 526737					office@northgate.w-sussex.sch.uk				Green Lane		Crawley		RH10 8DX	Special Support Centre for up to 15 children with hearing impairments.
Carers Support Organisations		Northheath Parents Group				Rachel Evans			northheathparentshorsham@gmail.com									
Education	SEND Hub Net	NOVIO	http://www.noviosupport.org/						info@noviosupport.org									
Education	School	Oak Grove College	http://oakgrovecollege	01903 708870					office@oakgrove.w-sussex.sch.uk				The Boulevard		Worthing		BN13 1JX	A secondary school providing special education for students with learning difficulties from 11-16 years.
Play and Leisure	Sports	Oak Grove College/ Worthing Leisure Centre		07762 013949					cmoyle@wsgflf.org.uk									Holiday and after school clubs for children with special needs. A range of activities are available including tennis, drama, dance, archery, fencing, swimming, trampolining and lots more.
Health Needs		Offington Counselling Service (Worthing)		01903 212275					info@ocs-counselling.org.uk									Confidential counselling service set up for people on a limited budget who could not otherwise afford it.
Education	Educational Re	Ofsted (Office for Standards In Education)		0300 123 1231					enquiries@ofsted.gov.uk									Government body that regulates and inspects schools and children's services.
Play and Leisure	Sports	Olympus Merlins Swimming Club	http://www.midsussex	01273 833582														Swimming club for children and adults with physical and/or learning difficulties in Burgess Hill and Haywards Heath.
Education	Educational Re	Opportunity Playgroup		01342 323215		Crawley		East Grinstead	east-grinstead-ogp@googlegroups.com									Playgroups that provide a stimulating and caring environment for children under 5 with any kind of special need eg, physical, speech, learning or social problems. Offers support for parents.
Play and Leisure		Orchard House/Orchard Connect		01444 454226					martin.norris@westsussex.gov.uk									Youth group held specifically for children and young people with disabilities. Runs every Thursday during term time and all day Monday during school holidays.
Education	Special Suppor	Oriel High School (Additional Learning Nee	http://www.oriel.w-sus	01293 880350					office@oriel.w-sussex.sch.uk				Maidenbo	Maidenbo	Crawley		RH10 7XW	Special Support Centre for children with dyslexia.
Play and Leisure	Music and Arts	Orpheus Centre		01883 744664					enquiries@orpheus.org.uk									A performing arts centre which offers opportunities for disabled and non-disabled young people to develop their skills in music, drama and recording techniques.
Health Needs		OT Connect Service (Occupational Therapy)		01903 839100					otconnect@westsussex.gov.uk									
Information Services & Advice		Out of Hours GP service	http://pinrl.com	111														In the event of a serious medical need or urgent health problem 111, free from landline or mobile.
Play and Leisure	Sports	Out There! Worthing		01293 544773			07515 098811		richard.deniese@outreach3way.org									Sports and leisure club for adults over 18 with learning difficulties. Worthing Leisure Centre & Field Place. Tues 7-9pm or 8-9pm. Termly fees equivalent to £5 a week.
Learning Difficulties		Outreach 3 Way	http://www.outreach3w	0300 303 9032					hello@outreach3way.org									Provides day services, sheltered employment and housing for people with learning disabilities.
Information Services & Advice		Outreach 3 Way Housing Services, Crawley	http://www.outreach3w	01293 514958														Housing services for adults with learning difficulties in the Crawley area.
Information Services & Advice		Outreach 3 Way Housing Services, Worthing	http://www.outreach3w	01903 234355					janet.hawkes@outreach3way.org									Housing services for adults with learning difficulties in the south of West Sussex.
Information Services & Advice		Outset Youth Action	http://www.outsetyouth	01798 831153					info@outsetyouth.org.uk									Voluntary organisation for the personal development of people 13-25 years, by matching their enthusiasm and commitment through voluntary work.
Carers Support Organisations		PACSO, Chichester	http://www.pacso.org	01243 533353					admin@pacso.org.uk									Registered charity providing support for parents and carers of children and young people with disabilities, living in the Chichester, Bognor and Midhurst area.
Education	School	Palatine School	http://palatineschool.or	01903 242835					office@palatineschool.org				Palatine R Goring-by-	Worthing			BN12 6JP	Generic primary school for children with multiple learning difficulties, severe and moderate learning difficulties and those on the autistic spectrum.
Play and Leisure	Music and Arts	Pallant House Gallery Partners In Art Scho	http://www.pallant.org	01243 774557					pallant@pallant.org.uk									Helps disabled adults access the arts, paired with a practising artist.
Learning Difficulties		PARC – Parents Action for Respite Care		01342 326392														A group campaigning on behalf of children with special needs and their families on respite care and incontinence problems.
Carers Support Organisations		Parent Carers Planning Group		01243 752158					parent.partnership@westsussex.gov.uk									Group involving Children & Young People's Services, the local NHS and parent carers. Have regular discussions about services in the county
Carers Support Organisations		Parent Carers Support Groups, Crawley, Horsham and Mid Susse		01293 657040									The Orchard, 1-2 Gle	Crawley	West Sussex			Support for parents of children with special needs which meets every other month at The Orchard, except during the summer holidays.
Carers Support Organisations		Parent Plus	http://www.springboar	01403 218888					earlyyears@springboardproject.com									A one-to-one parent(s) befriending service covering West Sussex offering emotional support to parents discovering their child has a disability.
Carers Support Organisations		Parents for Autism	http://www.parentsfora	07876 196 944					lindsey@parentsforautism.org.uk									Support group for parents and carers of children with Autism.
Learning Difficulties		Parents for Change		01903 690177					garyjamesholmes@aol.com									A parent group campaigning for provision for children with Autistic Spectrum Disorder in both middle and secondary schools.
Education	Educational Re	Parents for Inclusion	http://www.parentsforinclusion.org/						info@parentsforinclusion.org									Network of parents of children with disabilities providing information, advice, training, and campaigning for inclusion in education.

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Information Services & Advice		Paritas, Worthing		01903 204035					paritas@westsussex.gov.uk									Employment agency for people who have experienced mental health difficulties.
Information Services & Advice		Parliamentary and Health Service Ombudsman	http://www.ombudsman.org.uk	0345 015 4033					phso.enquiries@ombudsman.org.uk									Final point of contact for unresolved complaints about the NHS.
Play and Leisure		Passies Pond & Match Lake	http://www.coombes.co.uk	01273 465257					passie@btconnect.com									Some initial help is available for people with any disability.
Behavioural Difficultie	Autism	PATH - Parenting Autism Together in Horsham				Sarah Willis			pathgroup1@hotmail.com									
Information Services & Advice		Patient Advice and Liaison Service (PALS) - Chichester		01243 831822					PALSChichester@wsh.nhs.uk									Information and advice service (including complaints) for NHS patients.
Information Services & Advice		Patient Advice and Liaison Service (PALS) - Worthing		01903 285032					PALSWorthing@wsh.nhs.uk									Information and advice service (including complaints) for NHS patients.
Information Services & Advice		Patients' Association	http://www.patients-as.org.uk	0845 608 4455					helpline@patients-association.com									Information, advice and advocacy on behalf of patients.
Learning Difficulties		Patricia Broughton (Independent Speech and Language Therapist)	http://www.easyspeak2me.com	01903 530816					p.broughton@easyspeak2me.com				92 Blacks	Sompting	Lancing		BN15 0BY	I offer assessment and therapy for children of all ages with communication difficulties and advice/support/training for their parents and carers.
Grantmaking	Health	Paul Rooney Foundation (Sussex Community Foundation)	http://www.sussexgiving.org.uk	01273 409440					info@sussexgiving.org.uk									Provides grants to help children with special needs and their families particularly those with life-limiting illnesses. Applications should be made via an intermediary charity or other suitable organisation. For further information on eligibility or how to apply, contact the Sussex Community Foundation, who manage the fund.
Play and Leisure	Playschemes	Pavilions in the Park (Horsham)		01403 219200														Inclusive parent and baby and parent and toddler sessions.
Learning Difficulties		People First (Self Advocacy)	http://peoplefirsttd.co.uk	0207 820 6655					general@peoplefirsttd.com									Organisation run by and for people with learning difficulties 14 years and over, who are standing up and speaking out for themselves.
Learning Difficulties		Pericles, West Hoathly	http://www.pericles.org.uk	01342 810133					enquiries@pericles.org.uk									Two adult placement houses for up to three people with learning difficulties. Small training and work centres, for adults (18+) with mental health problems and/or learning difficulties.
Information Services	Financial Advic	Personal Independence Payments (PIP)		0845 850 3322	Helpline		0800 917 2222	Claims										
Physical Disabilities		PHAB	www.phab.org.uk	020 8667 9443			01273 821789	Sussex	info@phab.org.uk									Organisation aiming to integrate people with and without physical disabilities through some 250 clubs in England. Activities include social meetings, sports, outings and holidays. Some groups are specifically for younger people up to the age of 25.
Play and Leisure		PHAB Club - Crawley (Junior)		01293 526388					DYAC@westsussex.gov.uk				Dormans Youth Arts		Crawley			Club for physically disabled and able-bodied young people, aged 11-19 years on Fridays from 5pm-7pm.
Play and Leisure		Phoenix Centre Sensory Room		01243 840075					thephoenixcentre@westsussex.gov.uk									A fully equipped sensory room for children and adults with special needs.
Physical Disabilities		Physio4Kids	http://www.physio4kids.co.uk	01243 376263			07711 826523		gina@physio4kids.org.uk									Treatment in your own home or at 'The Barn', Danville. Please call if you want to discuss having blocks of physiotherapy during school holidays. Rehabilitation after Surgery, Co-ordination Difficulties, Developmental Delay, Poor Posture, Back Pain, Muscle or Joint Pains also treated
Physical Disabilities		PhysioKids Physiotherapy Ltd	http://physikids.co.uk/	01903 245649					gemma@physikids.co.uk				40 George V Avenue		Worthing		BN11 5RJ	Specialist Children's physiotherapy service covering Sussex. All aspects of assessment, ongoing or single treatments, hydrotherapy, long or short term conditions. Funded privately, health insurance or LEA.
Health Needs		PINNT	http://www.rettuk.org/	01582 798911					support@rettuk.org									Information, advice and support groups for patients on Intravenous and Nasogastric Nutrition Therapy, including feeding issues for children and babies.
Play and Leisure	Play and Toys	Play and Learn Plus		01243 777087					family.info.service@westsussex.org.uk									Provides an opportunity for parents to learn about their children through play. Parents are supported to understand their child's development. Sessions are available at all children and family centres. Play and learn plus is available to children with additional needs.
Play and Leisure		Play Indoor and Fitness Sensory Zone		01903 231117					info@pl-ay.com									Soft play area available for children with special and sensory needs. Facilities include a sensory room, a ball pool, soft shapes, blackboard as well as a television, Nintendo Wii and CD player for slightly older children.
Play and Leisure	Play and Toys	Play Matters		020 7428 2286			01243 821692	Bognor Regis	admin@playmatters.co.uk									National body for toy and leisure libraries in the UK. Toy Libraries lend good quality, carefully chosen toys to families with young children, including children with special needs. Publishes the annual 'Good Toy Guide'. Local Toy Libraries
Play and Leisure	Music and Arts	Playing with Clay	https://skelltonworkshop.co.uk/	01273 844679					janeyskellton@googlemail.com									Pottery workshops and parties for all age groups.
Play and Leisure		PlayMosaic	http://www.playmosaic.co.uk	07910 906778					admin@playmosaic.co.uk				29 Tavy R	Durrington	Worthing		BN13 3PG	Family play sessions with a large mix of activities. 0 to 12 years, all abilities, across West Sussex. See website or book us for your next birthday party.
Learning Difficulties		Plumpton College - Pre-Entry Basic Skills Programme		01273 890454					alexismcglone@plumpton.ac.uk									Part-time programme for adults with severe learning disabilities, offering horticulture, animal care, agriculture and social skills development. Carers must accompany learners. Trial or learner days are available. A home visiting educational service for pre-school children with additional support needs and their families.
Education	Educational Re	Portage Service		01243 536182	Chichester				chichester.ed.portage.service@westsussex.gov.uk									Mid Sussex and Horsham - Tel: 01444 243150 Email: mid-sussex.ed.portage.service@westsussex.gov.uk Worthing - Tel: 01903 242556 Email: worthing.ed.portage.service@westsussex.gov.uk
Education	Educational Re	Pre-School Learning Alliance	https://www.pre-school.org	020 7697 2500					info@pre-school.org.uk									Information, advice, training and support to parents and professionals.
Information Services & Advice		Prince's Trust Business Sussex Area office,	https://www.princes-trust.org	01273 723399	South East		0800 842842	West Sussex	info@prince-trust.org.uk									Helps unemployed young adults to become self-employed, 18-30 years, especially people with disabilities, people from ethnic groups and ex-offenders.
Carers Support Organisations		Princess Royal Trust for Carers	https://www.carers.org	0844 800 4361					info@carers.org									PProvides quality information, advice and support services to carers.
Behavioural Difficultie	Autism	Puzzle Pieces		01243 642917														Parent-led group for parents with children on the autistic spectrum.
Education	Educational Re	Pyramid Educational Consultants Ltd	http://www.pecs-united.co.uk	01273 609555					pyramiduk@pecs.com				First Floor 30 West Drive				BN2 0QW	PECS is a successful approach that uses pictures to develop communication skills. It is appropriate for children, and adults with a wide range of learning and communication difficulties.
Education	School	Queen Elizabeth II Silver Jubilee School	http://www.queeneliza2.org	01403 266215					office@queenelizabeth2.wsussex.sch.uk				Comptons Lane		Horsham		RH13 5NW	School for two to 19-year-olds with severe or profound multiple learning difficulties. Some pupils also have more complex needs, such as severe epilepsy or autism.
Information Services & Advice		Queen Elizabeth's Foundation	http://qef.org.uk/	01372 841100					sue.moller@qef.org.uk									Offers assessment, education, residence, vocational training, brain injury rehabilitation, mobility assessment and training.
Mobility and Equipment		RADAR / Royal Association for Disability & Rehabilitation		020 7250 3222					radar@radar.org.uk									National disability organisation campaigning for disabled people's rights and full integration into society. Provides the National Key Scheme (NKS) and guide to accessible toilets.
Health Needs	Life Limiting &	Rainbow House	http://rainbowtrust.org	01372 453309					pat.keown@rainbowtrust.org.uk									Rainbow House is a home where families of children with life-threatening and terminal illness come for short stays. Offers practical and emotional support
Health Needs	Life Limiting &	Rainbow Trust Children's Charity	http://rainbowtrust.org	01372 220032					enquiries@rainbowtrust.org.uk									Provides emotional and practical support to families of children with life-threatening or terminal illnesses.
Play and Leisure	Play and Toys	RE-PLAY		01932 883 213	Hannah Boyce				hanna-boyce@skillsactive.com									Promotes play as part of child's development through advice, information and lobbying government.
Play and Leisure	Sports	Ready and Able Club		01403 215637					paul.taylor@horsham.gov.uk									Christ's Hospital Sports Centre. Club for people over 16 with any disability, and their carers. Meets Mondays, 6.15-8.00pm.
Physical Disabilities		Reach - The Association For Children With Disabilities	www.reach.org.uk	0845 1306 225					reach@reach.org.uk									Parent support group, providing contact with other families with similar problems. Produce a quarterly newsletter, various informative factsheets and a video
Carers Support Organisations		Reaching Families	http://www.reachingfamilies.org.uk	01903 502649					info@reachingfamilies.org.uk									Information, training and counselling to parents and families of children with special needs in West Sussex.
Health Needs	Life Limiting &	REACT (React, Rapid, Effective Assistance)	http://www.reactcharity.org.uk	020 8940 2575														Provides individual financial assistance where possible. For equipment/facilities to help with care and treatment, funeral expenses and mobile home holidays.
Play and Leisure	Sports	Ready and Able (Horsham)		01403 215637					paul.taylor@horsham.gov.uk									Sports and social club for people with disabilities (over 16) and their families.
Mobility and Equipme	Computers	Recycle-IT! Ltd	http://www.recycle-it.uk	0161 226 0637			0793 951 4661	Mobile	info@recycle-it.uk.com									Not-for-profit computer recycling company providing low cost computers for voluntary groups, schools, churches and disabled people.

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Carers Support Organisations		Relate (Chichester)		01243 788935					reception.chichester@relatesussex.org									Counselling and training for parents, couples and families.
Carers Support Organisations		Relate (Crawley)		01293 657055					reception.crawley@relatesussex.org									Counselling and training for parents, couples and families.
Carers Support Organisations		Relate (Horsham)		01403 266454					reception.horsham@relatesussex.org									Counselling and training for parents, couples and families.
Mobility and Equipment		REMAP (Rehabilitation Engineering Movem	www.remap.org.uk	0845 130 0456			01732 866105	London and South	a.rose@remap.org.uk									Each Remap panel has member engineers, who apply technology and basic skills to the design and production of aids and the adaptation of existing aids to meet the needs of people with disabilities, where such aids are not commercially available. There is no charge to the client to whom the aid or device is given.
Information Services & Advice		Remploy, Oxfordshire	http://www.rempjoy.co	0845 8452211					rscenquiries@remploy.co.uk									Enables disabled people to gain or retain employment.
Information Services & Advice		Renaissance Legal	http://www.renaissancelegal.co.uk	0845 505 60 50					k.miller@renaissancelegal.co.uk				Tower Point 44 North		Brighton		BN1 1YR	Renaissance Legal is a law firm specializing in Wills, Trusts, Powers of Attorney and Court of Protection applications for people with disabilities and their families.
Play and Leisure	Respite and Sh	Residential Short Breaks - Respite		01903 700888	Cissbury Lodge		01293 526501	High Trees - Crawley										Three homes run by Children and Young People's Services for children with severe learning disabilities. Orchard House - Cuckfield Tel: 01444 454226
Health Needs		RELUK																Information and advice, clinics for diagnosis of children and adults local support groups and social activities for families affected by rett syndrome.
Play and Leisure	Music and Arts	Rhythmix Music Workshops	http://www.rhythmixmusic.org.uk	08701 417484					info@rhythmixmusic.org.uk									Music workshops available to children and young people with disabilities aged 5-18.
Play and Leisure	Sports	Riding and Driving for the Disabled, Burstow Park		01342 325197														Riding school used by Riding for the Disabled Mon-Thurs.
Play and Leisure	Sports	Riding for the Disabled	http://www.rda.org.uk	0845 658 1082					info@rda.org.uk									Umbrella organisation representing local riding clubs for disabled children and adults.
Play and Leisure	Sports	Riding for the Disabled, Arundel Farm Ridin	http://www.arundelrda.org.uk	01903 785713					sandyroud@talktalk.net									Horse riding for physically disabled people over 4 and under 10.5 stone (riding weight), Tuesday 1.15-3.30pm during term time.
Play and Leisure	Sports	Riding for the Disabled, Chichester		07906 501404					slpointing@aol.com									For disabled adults at Hunston. Alternate Tuesdays, 2-3.30pm.
Play and Leisure	Sports	Riding for the Disabled, Cranleigh	http://www.cranleighrda.org.uk	01403 823212					anneirving@btconnect.com			Monday 6-7.30pm and Saturday 9.30am-12.30pm.						£6.50 a session
Play and Leisure	Sports	Riding for the Disabled, Crawley Down		01342 325197								Mon to Thurs 10am-2.30pm.						Riding and carriage driving for disabled people.
Play and Leisure	Sports	Riding for the Disabled, Horsham Carriage Driving, Manor Farm,		01403 741355	Mrs C Porter				carolporte@aol.com									For adults and young people over 12, who are not physically able to ride.
Play and Leisure	Sports	Riding for the Disabled, Mild Sussex		0845 2416343					pip.sampson@btinternet.com									Brendon Riding School, Pyecombe. Provides riding for adults with disabilities on Monday mornings.
Play and Leisure	Sports	Riding for the Disabled, South Downs, Brinsbury College		01798 817544								Tues 10am-12pm						Horse riding for people with disabilities.
Grantmaking	Health	Roald Dahl's Marvellous Children's Charity	http://www.roadidahl.org.uk	01494 892170														Provides grants to families with financial difficulties who are caring for children with neurological or blood-related conditions. Maximum grant is £500 and can be spent in different ways including, towards the cost of mobility equipment, fiberoptic sensory toys, white goods, utility bills, travel and subsistence costs. Applications must be made by a professional who knows the family, for example, a specialist nurse or social worker. Guidelines are available on the foundation's website.
Play and Leisure		Roale Durrington Youth Centre		01903 529922					rosewillmot.youthcentre@westsussex.gov.uk				Littlehampton Rd		Worthing			Special Needs After school Club for pupils of Oakgrove College. Age 11-19yrs. Thursday 3-5pm. Integrated sessions on Tuesday & Thursday 7-9pm. Monday 7-9pm D of E award night including special needs. Summer activities programme to all young people
Education	SEND Hub Net	Rother Valley Inclusion Hub	http://www.rvhub.org.uk/						enquiries@rvhub.org.uk									Helps in a range of ways, from developing coping strategies tailored to the individual, to supplying either high or low-tech aids. Often a ROVI is the first professional someone with vision difficulties meets who is concerned with helping them manage everyday life, rather than focusing on the medical aspects of their sight.
Sensory Impairments	Visual Impairm	ROVI - Rehabilitation Officers for the Visually Impaired		01903 745331														Advice, advocacy and employment for deaf people
Sensory Impairments		Royal Association for the Deaf (RAD)	http://www.royaldef.org.uk	0845 6882525			0845 6882527	Minicom	info@royaldef.org.uk									Exists to provide education, training and employment services that enable people who are blind or partially sighted to overcome the discrimination they face and the social exclusion and poverty many experience. Run Dorton House Nursery, School and College.
Sensory Impairments	Visual Impairm	Royal London Society for the Blind (RLSB)	http://www.rlsb.org.uk/	01732 592500					enquiries@rlsb.org.uk									Practical support, information and advice to people of all ages with a sight problem. Provides talking books, schools, colleges, computer training and rehabilitation training, and hotel guide. Vacation scheme for children and young people.
Sensory Impairments	Visual Impairm	Royal National Institute of Blind People (RNIB)	www.rnib.org.uk	0303 123 9999	Helpline				helpline@rnib.org.uk									Advice and information services for people with learning disabilities on benefits, housing and employment; leisure activities, recreational services (Gateway Clubs), residential services and holidays.
Information Services & Advice		Royal Society Mencap National Learning DI	https://www.mencap.org.uk	0808 8081111			07717 989029	Text	help@mencap.org.uk			Mon-Fri 9am-5pm, Wed 9am-1pm.						Listening, understanding and working with the parents and carers of children with special needs is a focus for my therapy practice. Talking it through helps.
Health Needs	Counselling	Samantha Parrott	http://www.counsellinginove.co.uk	07967 092220					counselling@counsellinginove.co.uk									Provide support, advice and a listening ear for parents of children with Tourette Syndrome, attention deficit hyperactivity disorder, Aspergers Syndrome and obsessive behaviour disorder. Set up by parents who have personal knowledge of these conditions. Can help families following a recent diagnosis who may not know where to go for advice. Monthly coffee group for people in Horsham area providing one to one contact with other families
Behavioural Difficulties		Samuel's World	http://www.samuelworld.co.uk															Supported housing for young people 16-25yrs, at risk. Application forms for accommodation from Arun District Council, Allocations Department.
Information Services & Advice		Sanctuary Housing, Linden Road, Bognor R	https://www.sanctuaryhousing.co.uk			Arun District Council Housing												
Health Needs	Life Limiting &	Sands	https://www.uk-sands.org	020 7436 5881					helpline@uk-sands.org									Information, advice, research and support to anyone affected by the death of a baby.
Health Needs	Mental Health	Sane	http://www.sane.org.uk	020 7375 1002					info@sane.org.uk									Information, advice, emotional support and campaigning on behalf of people with mental health needs.
Physical Disabilities		SASBAH - Sussex Association For Spina Bl	www.sasbah.org.uk	01825 873045	SASBAH Clinic		01903 230762	West Sussex office (Advisor service)	office@sasbah.org.uk									Provides support for people with spina bifida and/or hydrocephalus in East and West Sussex. May be able to provide welfare grants. Field workers offer advice, support and friendship.
Physical Disabilities		SCOPE		0808 800 3333					helpline@scope.org.uk									Helpline provides information on cerebral palsy, disability issues and the work of Scope. The team of experienced counsellors can provide initial counselling and support and can refer to Scope or external services as appropriate.
Play and Leisure		SCOPE West Sussex	http://www.scope-west.org.uk	01243 775330					West.Sussex@scope.org.uk									Day centre and social activities for children with disabilities.
Play and Leisure		SCOPE Worthing	http://www.worthingscope.org.uk	01903 522399					admin.wscope@tiscali.co.uk									Day centre, social activities and other services for young people and adults with cerebral palsy
Play and Leisure		Scouts Association	http://scouts.org.uk/horsham	0845 300 1818					info.centre@scouts.org.uk									Umbrella organisation representing the Scouting movement in the UK.
Grantmaking	Health	Seafarers' Children's Support	http://www.seafarerschildren.org.uk/															Provides specialist equipment and/or activities for terminally ill and special needs children. The charity has previously funded an adapted tandem bike, tandems, a specially adapted riding helmet, sensory equipment, hippotherapy and riding lessons. It also supports special needs schools, children's hospices and Riding for the Disabled groups. To apply: download an application form and check grant criteria before applying.
Play and Leisure	Sports	Seagulls Specials - Brighton and Hove Albion FC		07919 051848	Teresa Sanders, Head Coach		07803 902044	Nikki Richardson	teresa.sanders@bhafc.co.uk									Football training with one to one support and guidance for people with physical and learning difficulties. Wheelchair football also available. St Andrew's School alternate Saturdays 10-11.30am.
Play and Leisure	Sports	Seahorse Swimming Club for the Disabled		01444 482842								Tuesday, 6.	Dolphin Leisure Cent		Haywards Heath			
Sensory Impairments		Seasibility Look Up							info@lookupinfo.org									Provides help to partially sighted or blind adults with learning disabilities.
Education	Educational Re	SENDIST (Special Educational Needs and Disability Tribunal)		01325 289 350					sendistquiries@hmcts.gsi.gov.uk									Tribunal that hears appeals by parents against decisions made by their local education authority concerning their child's education
Sensory Impairments		Sense (National Deafblind and Rubella Ass	www.sense.org.uk	0300 330 9257.					info@sense.org.uk									Charity working with deafblind children and adults offering individually tailored education programmes; residential and community supported living services; respite provision including specialist holidays, day services and employment services; outreach training and consultancy and intervener services, providing one-to-one support to enable deafblind people to access community services and live as independently as possible.

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Health Needs		Sensory Impairment Services		01243 642555					sensoryduty@westsussex.gov.uk									
Sensory Impairments		Sensory Services Team - West Sussex		01903 270430			01403 213249		sensory.support@westsussex.gov.uk									Central office for provision of services for adults and children with sensory impairments in West Sussex. Referrals via Children & Young People's Services. Services for deaf children 0-18 are provided by the Social Worker with Deaf Children, based at the Child Disability Team North
Sensory Impairments		Sensory Support Team in Education		01903 746739														Team of specialist advisory teachers and learning support assistants, who work with children who have a hearing and/or a visual impairment. Referrals taken from schools. Also work with pre-school children.
Mobility and Equipme	Computers	Sequal Trust - Special Equipment & Aids fo	http://www.the-sequal	01691 624222					info@thesequaltrust.org.uk									An independent, nationwide fundraising charity which aims to assist severely physically disabled people by providing communication equipment for all ages
Information Services & Advice		Shaw Trust Employment, Chippenham	http://www.shaw-trust	03003 033111			01225 716300		enquiries-london@shaw-trust.org.uk									Works to enable disabled and disadvantaged people find routes to employment
Physical Disabilities		Shine Charity	http://www.shinechart	01733 555988														Information, advice, and support to people with spina bifida and hydrocephalus.
Play and Leisure	Music and Arts	Shine Theatre Group	www.shinetheatret	01273 833196	Director													An inclusive theatre group, catering for people with physical disabilities, learning disabilities, able bodied and socially disadvantaged. Pupils aged 5-19 years participate in dance, drama, singing and performance
Health Needs	Life Limiting &	Shooting Star Chase	http://www.shootingsta	01932 823100					elaine.conisbee@chasecare.org.uk									CHASE Hospice Care for Children charity provides practical and emotional care and support to life-limited children, young people and their families. The service is for families in South West London, Surrey and West Sussex.
Mobility and Equipment		Shopmobility	http://mfuk.org/	01933 229644					shopmobility@bhta.com									National federation of wheelchair, scooter and mobility providers.
Play and Leisure		Short Breaks for Disabled Children		03 022 22562					short.break.team@westsussex.gov.uk									Holiday clubs, after school clubs, buddy schemes and short breaks at home or in the community.
Carers Support Organisations		Sibs	https://www.sibs.org.uk	01535 645453					info@sibs.org.uk									Aims to enhance the lives of siblings of disabled children & adults by providing them with information and support
Health Needs		Sickle Cell Society	http://www.sicklecellso	020 8961 7795/4006					info@sicklecellsociety.org									To support families and individuals affected by sickle cell disorder, through financial support, counselling, talks, seminars, educational literature, children's holidays and respite care
Play and Leisure		Sidney Walter Centre		01903 209960			01903 237343	Youth office	sidneywalter1@aol.com									Social and physical fitness centre. Youth groups on weekday evenings, and specialist gym and exercise classes for people with disabilities.
Sensory Impairments	Deafness and	Signalong Group	http://www.signalong	01634 727087					admin@signalong.org.uk									Information, advice, training and research into the development of the Signalong system of communication.
Play and Leisure		Signposts Frenz'd Club	www.signpostsmidsus	01444 241831			01444 616232		info@signpostsmidsussex.org.uk				Park Centre, Park Rd Burgess			West Sussex		A free and confidential information service and meeting place for people with learning difficulties, their carers and their friends.
Learning Difficulties		Signposts Mid Sussex		01444 616232					info@signpostsmidsussex.org.uk			Mon, Friday 10am-4pm, Sat 10-12.30pm						A free and Confidential information service and meeting place for people with learning difficulties, their carers and their friends.
Learning Difficulties		Sima Patel, Chartered Educational Psychol	http://www.thewellbein	01273 803013					info@thewellbeingpractice.co.uk				15 New Road				BN1 1UF	Helping children, young people and adults to recognise their strengths and address their difficulties (for dyslexia, dyspraxia, ADHD, ASD, emotional and developmental challenges) using powerful psychology that works.
Carers Support Organisations		Single Parent Information Network (SPIN)	http://spinbrighton.org	07948 971559					spin@live.co.uk									Information, online networking and volunteering opportunities for single parents in Brighton and Sussex.
Play and Leisure	Respite and Sh	Sitting Service - West Sussex		01243 642462	Arun and Chichester		01403 246450	Crawley, Horsham & Mid-Sussex										A sitting service for children with disabilities in their own home, providing a break for parents and carers. Referral to the service is via the Children and Young People's services following an assessment of need. Worthing and Adur - Tel: 01243 642318
Play and Leisure	Sports	Six Villages Archery Club		01243 545160					ceb28@btinternet.com			Sun 9am - 1pm, Fri 6pm - 8pm (June to Aug)						Six Villages Sports Centre, Lime Avenue, Westergate. For people over 8 of all abilities.
Education	Educational Re	Skill - National Bureau For Students With DI	http://www.skill.org.uk	0800 328 5050	Info Line				info@skill.org.uk									Aims to develop opportunities for people with physical and sensory disabilities, learning and mental health difficulties, in post-16 education, training, employment and volunteering.
Grantmaking	Hardship	Smile for Life	http://www.smileforlife.org.uk/															Provides grants for children whose parent worked at sea (cruise ships, tanker, ferries, cargo ships, Royal Navy, fishing fleets) and inland waterways. The charity is able to help toward holidays and home computers. To apply, complete the online form to request further information.
Health Needs		Smile Support and Care	http://www.smilesuppo	01903 723333					sussex.enquiries@smilesupport.org.uk									Provides one-to-one care to families with disabled children and young adults.
Carers Support Organisations		SNAP Childcare/SNAP 16+	https://www.snapchild	020 7729 2200					info@snapchildcare.co.uk				91-93 Great Eastern		London		EC2A 3HZ	SNAP Childcare is a specialist recruitment agency placing nannies, team leaders and specialist childcare workers to work with babies and children with additional needs.
Carers Support Organisations		SNAPS		01903 236909														Drop-in support group for parents and carers of children with special needs aged 0 to 16 in Worthing.
Grantmaking	Equipment	Snowdon Award Scheme	https://www.snowdont	020 7262 2881					info@snowdonttrust.org									Grants ranging from £250 to £2,500 awarded to students with sensory or physical disabilities to help cover additional costs like computers, mobility equipment and human help.
Education	Educational Re	Social Communication Team		3302 228 525					helen.cottell@westsussex.gov.uk									Specialist advisory teachers who work with staff (and parent carers) in mainstream schools to support children with ASD or social and communication difficulties. Referrals need to come via mainstream school Organisations & provides social care for children, adults & carers according to need. Adur/Worthing - Tel: 01903 839100; Arun/Bognor Regis - Tel: 01243 642400; Chichester - Tel: 01243 752999; Crawley - Tel: 01293 895100; Horsham - Tel: 01243 642555; Littlehampton - Tel: 01903 738900; Haywards Heath - Tel: 01444 446100
Information Services & Advice		Social Services, Adults' & Children's Direct	https://www.westsusse	01243 777100	adults helpdesk.		01903 694422	Out of hours										
Education	Educational Re	SOS SEN	http://www.sossen.org	020 8538 3731														
Play and Leisure	Sports	Southern Area Disability Sports Group		01903 778328					agroves@angmeringschool.co.uk									Sporting activities for children and young people with disabilities.
Information Services & Advice		Southern Housing Group		01403 215204		Horsham District Council Housing Services												Provides accommodation for young people 18-25yrs designed to equip them with skills to live on their own and gain employment. The young person must have a local Horsham connection. Contact Horsham District Council.
Information Services & Advice		Southdown Housing Floating Support Scheme		01903 705100					n.isaacs@southdownhousing.org									Scheme for people 18-40 yrs, who have support needs arising from mental health problems, learning difficulties or other needs. Provides a floating support service to people in Adur, enabling them to either move into new accommodation or stay in existing accommodation.
Information Services & Advice		Southdown Housing Association, Lewes, E	http://www.southdown	01273 405800					info@southdownhousing.org									Provides supported living services for people over 16 with learning difficulties in Horsham, Burgess Hill, Worthing and Mid Sussex.
Information Services & Advice		Southdown Housing Independent Living Schemes		01243 839048	Chichester				signpost.south@southdownhousing.org									Preventing homelessness by helping people over 16 who are experiencing or are at risk of homelessness. Horsham and Crawley 01403 263202; Horsham Housing Service 01403 215560; Mid Sussex Housing 01444 477574; Worthing and Adur 01903 705100; Worthing Housing Services 01903 221063; Mid Sussex and Horsham 01403 751062
Play and Leisure	Sports	Southwick Leisure Centre	http://www.impulseleis	01273 238111														Various sports and leisure activities.
Learning Difficulties		Speak Up, Burgess Hill		07776 072603					midsexsexspeakup@googlemail.com									A Self Advocacy Group for people in Mid Sussex who have a learning difficulty.
Learning Difficulties		Speaking Out Advocacy Service, Chichester		01243 216430	Bill Turner, West Sussex team Leader	07721 099540			bill.turner@mindcharity.co.uk									Advocacy scheme for adults with mental health problems in Chichester, Bognor, Midhurst and surrounding areas.
Carers Support Organisations		Special Families East Grinstead			Emma Bashford													
Play and Leisure		Special Task Force		01903 765340					specialtaskforce@gmail.com				Penfold Hall, Church		Steyning		BN44 3YB	Age 11-25 years, with or without disabilities. Meet on the first and third Saturdays of the month from 2.30pm-5pm.
Play and Leisure		Special Task Force Go Wild Junior Project		07875 137986									Strivens Barn, Middle		Steyning		BN44 3RJ	11-14 yrs. 11am-1pm. 2nd and 4th Saturday of month
Learning Difficulties		Speech Language Literacy	http://www.speechlang	01903 784206					lwood2510@aol.com				South Se	The Street	East Preston		BN16 1JJ	We are a family run service offering specialist speech and language therapy and dyslexia tuition in the Sussex area.
Sensory Impairments	Deafness and	Springboard - Crawley		07980 351913														Support group for pre-school deaf children and their parents which meets on the second and fourth Friday of month at NSPCC, Broadfield Park, Crawley from 9.30am-11.30am.
Play and Leisure		Springboard Buddy Scheme - "Buddies", Crawley		01403 257699	Buddies Co-ordinator				crawleyldc@springbroadproject.com									A friendship group for teenagers with disabilities and additional needs to access their local recreation and leisure facilities on a flexible basis with volunteers of their own age group.

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Play and Leisure		Springboard Buddy Scheme - "Buddies", Horsham							horshamdc@springboardproject.com									
Play and Leisure		Springboard Buddy Scheme - "Buddies", Mid Sussex							midsussexdc@springboardproject.com									
Behavioural Difficulties		Springboard Education Ltd	http://www.springboard	01273 467533					office@springboardeducation.co.uk				Basepoint	Shoreham by Sea			BN43 5EG	Springboard educates young people aged five to 18 with social, emotional, behavioural and ASC difficulties in very small groups on sites in Brighton and Lancing.
Play and Leisure		Springboard Project	www.springboardproj	01403 218888					info@springboardproject.com									A charitable play and recreation centre for all children including those with disabilities or additional support needs, including a soft play room, sensory room, lounge area, kitchen, creative activities playroom and large outdoor Jubilee Leisure Garden
Education	Special Support	St Andrew's C of E Primary School (Speech)	http://www.steyningpri	01903 813420					office@steyningprimary.w-sussex.sch.uk				Shooting	Steyning	Steyning		BN44 3RQ	Special Support Centre for up to nine children with speech and language difficulties.
Education	School	St Anthony's School	http://www.st-ants.org	01243 785965					office@st-anthonys.w-sussex.sch.uk				Woodlands Lane	Chichester			PO19 5PA	Community special school for four to 16-year-olds with specialist support for children with communication and interaction needs.
Health Needs	Residential Care	St Bridget's Cheehire Home, Rustington		01903 783988					stbridgets@cdisability.org									Accessible, residential home for adults with a physical disability.
Education	Special Support	St Margaret's C of E Primary School (Physical Disability Unit)		01293 521077					office@st-margaretsfield.wsussex.sch.uk				The Mardens	Crawley			RH10 0AQ	Special Support Centre catering for the physical or medical needs of children with disabilities. Opportunities for adults with and without physical, learning and communication difficulties to work together in three studios, fine arts, theatre and 3D. Chuck The Box is an integrated dance company run within Starburst Arts for nine people of any age with & without disabilities.
Play and Leisure	Music and Arts	Starburst Arts		01243 788544					deborah.allisop@westsussex.gov.uk									Grants wishes to children with life-threatening or life-shortening illnesses. To nominate a child complete the wish referral form on the charity's website.
Grantmaking	Health	Starlight Children's Foundation	http://www.starlight.or	020 7262 288					valkarenian@yahoo.co.uk				46/48 Nelson Road	Tunbridge	Kent		TN2 5AN	For adults with learning disabilities
Play and Leisure		Starlight Club		01444 452988					valkarenian@yahoo.co.uk			alternate Th	Mid Sussex	Christian	Burgess Hill			Provides grants towards mobility equipment and communication aids for people with cerebral palsy. For further information email or write to the charity at the address below.
Grantmaking	Equipment	Stars Foundation for Cerebral Palsy	http://www.starsfoundation.co.uk/						info@starsfoundation.co.uk									Runs from 7pm - 9pm on the first Tuesday of each month and every Tuesday during school holidays for children with special needs and disabilities aged 6-16yrs
Play and Leisure		STARS Youth Club at Millpond Integrated Adventure Playground		01293 542174		Community Services Manager			nikke.gladwin@crawley.gov.uk									Provides grants towards mobility equipment and communication aids for people with cerebral palsy. For further information email or write to the charity at the address below.
Grantmaking	Health	Steps Charly	http://www.steps-charly	01925 750271					info@steps-charly.org.uk									Information, grants and support to everyone affected by lower limb conditions like a club foot or hip condition.
Information Services & Advice		Steps to Work Partnership West Sussex	https://www.westsusse	01403 258720					irene.loft@westsussex.gov.uk									Voluntary work for people with mental health needs, problems associated with substance misuse, physical and sensory impairments, acquired brain injury and learning difficulties.
Education	Special Support	Steyning Grammar School (Additional Lear)	http://www.sgs.uk.net/	01903 814555									Upper Sc	Shooting	Steyning		BN44 3RX	A special needs team supporting pupils with learning, behaviour and physical difficulties.
Play and Leisure	Sports	Steyning Leisure Centre	http://www.placesforpe	01903 879666														Swimming lessons and float sessions for disabled children aged five to 18 years.
Play and Leisure		Stomp Disco		07786 252966					myrnaeccles@gmail.com									Newtown Social Club, Bognor Regis. Monthly 7.30-10.30pm (over 18) £3, carers free. Social evenings for adults with learning disabilities.
Grantmaking	Education	Student Disability Assistance Fund	http://www.studenthealthassociation.co.uk/															Grants of £500 available to disabled students aged 18 or over in higher education to help keep up with their studies. Eligible expenditure includes specialist computer equipment, extra travel costs, and the cost of note-takers or signers. Funding cannot be awarded for general living costs. Students who are disabled but not entitled to Disabled Students Allowance (DSA) are more likely to receive a grant than those who receive DSA. An application can be completed on the funds website.
Play and Leisure	Sports	Sunbeam Swim Club (Horsham)	http://www.placesforpe	01403 253200														Swimming group for people with disabilities of all ages.
Information Services & Advice		Supported Employment	http://www.brighton-hove	01273 295961					set@brighton-hove.gov.uk									Supported employment in Brighton & Hove and surrounding areas of East & West Sussex. Help people at risk of losing their job because of a disability, and help disabled people in the workplace with job support and coaching.
Information Services & Advice		Supporting People, Chichester		01243 382818		West Sussex Team Administrator												Offers vulnerable people the opportunity to improve their quality of life by providing a stable environment to enable independence.
Grantmaking	Hardship	Sure Start Maternity Grant	https://www.gov.uk/sure-start-maternity-grant															Government grants towards the cost of a new baby for people on low incomes and certain benefits. Can apply if your baby is due within 11 weeks, was born in the last three months, or if you're not a birth parent but have become responsible for a child not more than a year old. Maximum grant is £500. For further information search for Sure Start Maternity Grant at the following website.
Behavioural Difficulties		Sussex ADHD Support Group	http://www.sussexadh	01293 428025					info@sussexadhd.org.uk			between 10	5 Perryfield Road	Southgat	West Sussex			Support group for people with or caring for someone with ADHD (Attention Deficit Hyperactivity Disorder)
Behavioural Difficulties	Autism	Sussex Autism Support - Mid Sussex			Katarina Wilmore				sussexautismsupport@live.co.uk									Offering support and information to parents of children with autism.
Play and Leisure	Playschemes	Sussex Autistic Society - Southdowns Family Centre		01903 882666					info@sussexautisticsociety.org									Two Saturdays a month. Family sessions for autistic children and their siblings, which include drama, art, play, cookery, sport & a multisensory & music environment, to encourage sensory awareness, interaction, & confidence.
Play and Leisure		Sussex Autistic Society Youth Club		01903 882666					info@sussexautisticsociety.org									Teenagers with Aspergers Syndrome & high functioning autism. 2 groups meet every other Saturday. Week one - age 13-15.5 yrs, week two - age 15.5-18 yrs. £22 per person. Fun, social interaction, independent living skills, community skills, self esteem and confidence building, communication skills, arts & crafts and self help skills.
Play and Leisure	Sports	Sussex County Badminton Association																Badminton organisation for people of all ages, has a game that can be played by people with disabilities.
Play and Leisure	Sports	Sussex Cricket Club		07734 231021														Holds weekly cricket sessions and holiday camps in Chichester, Horsham, and Worthing.
Sensory Impairments	Deafness and	Sussex Deaf Association	www.sussexdeaf.co.uk	01903 506416		Community Worker	07958 655127	SMS Text	teena@sussexdeaf.com									Provides communication support, advocacy, assistance with benefit forms, Deaf Awareness Training, British Sign Language courses, social groups and outings.
Behavioural Difficulties		Sussex Downs ADHD Support Group	http://homepage.rtlwo	01273 709663			01273 411583		info@sussex-downs-adhd.org									Support group with membership from Lewes, Brighton and Hove to Worthing, although support and information by telephone is available to anyone. Meetings take place in the Brighton & Hove area.
Health Needs	Residential Care	Sussex Health Care	http://www.sussexhea	01403 217338					norfolkodge@sussexhealthcare.co.uk									Caters for younger people with disabilities within 18 care homes.
Play and Leisure	Music and Arts	Sussex Music Workshops	http://www.sussexmus	01903 297048			07771 880482		danie@sussexmusicworkshops.co.uk				38a Becket Gardens	Worthing		BN13 2BN	A range of music workshops, music therapy, individual and group music lessons for all abilities. Weekly sessions are held at Broadwater Parish Centre, 117 Broadwater Road, Worthing, BN14 8HT. Other sessions can be arranged including home visits.	
Information Services & Advice		Sussex Oakleaf	http://www.sussexoak	01444 459517														Supported housing scheme for adults with mental health problems.
Play and Leisure	Sports	Sussex Otters Swimming Club	http://www.sussexotter	01243 781259														Volunteer-supported swimming club for people with disabilities.
Play and Leisure	Sports	Sussex Sailability	http://www.sussexails	01273 464868					secretary@sussexyachtingclub.org.uk									For people over 12 with physical, sensory and learning difficulties.
Play and Leisure	Sports	Sussex Seals Sports and Leisure Club, Worthing		01903 212749					angiek-smiley@liscall.co.uk									Worthing Leisure Centre and Field Place. Sports and leisure club for anyone over 16 years with learning difficulties. Tuesdays 7.00-8.15pm.
Health Needs	Life Limiting &	Sussex Snowdrop Trust/ Snowdrop Trust	http://www.thesussex	01243 572433					info@thesussexsnowdroprust.com									A charity which supports children with life-threatening illnesses and their families. Provides equipment and general support to the families by sending out nurses or specially screened volunteers. Covers area east of Emsworth to Littlehampton and north to Midhurst.
Play and Leisure	Sports	Sussex Sonics (Brighton)		01273 307505														Wheelchair basketball club for people with disabilities.
Play and Leisure	Sports	Sussex Squids, Littlehampton Swimming and Sports Centre		01903 521954					geeames@ntworld.com									Swimming club for people over 8 with any disability. Last Saturday of month, 6-7pm.
Play and Leisure	Sports	Sussex Wasps (Brighton)		01273 701235					archerphil@ntworld.com									Disabled sports club for people of all ages and abilities.
Play and Leisure	Sports	Swimbabies	http://www.swimbabie	01903 717652														Swim classes for babies and their parents.
Learning Difficulties		Supporting Independence Ltd	http://www.supporting	01903 884656					admin@supportingindependence.co.uk									Supported living scheme for clients with mild to moderate learning difficulties and mental health problems who wish to live in the community but require support.

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Health Needs		Syndromes Without a Name/ SWAN	http://www.undiagnose	01922 701234					info@undiagnosed.org.uk									Help to find support for children and adults who have undiagnosed or unnamed conditions. Collect information about such conditions, put families in touch with others in similar situations. Publish a newsletter and information pack.
Grantmaking	Hardship	TACT (The Actors Children's Trust)	http://www.tactactors.org/															We offer financial support, information and advice to actors whose children have special needs, learning disabilities or long-term ill-health, up to the age of 21. We can help with childcare costs and other expenses for actors who are living with cancer or other illness, or facing family crisis.
Play and Leisure	Sports	Tadpoles Swimming Club for the Disabled,	http://www.tadpoles.inf	01342 323819			01892 770232		info@tadpoles.info									Water therapy for disabled people of all ages, Thursday, 8-9pm. £2 membership. 50p a swim.
Grantmaking	Education	Talisman Charity Trust	http://www.talismancharity.org/															Grants towards education, health, housing, disablement and disability to UK individuals described as 'going short'. Applications should be made via another charitable organisation, local authority or Citizens Advice Bureau. Guidelines on how to apply are available on the charity's website.
Learning Difficulties		The Aldingbourne Trust, Chichester	http://www.aldingbour	01243 544607					centraloffice@aldingbournetrust.co.uk									Day services to adults with learning difficulties.
Play and Leisure		The Apuldram Centre, Chichester	http://www.apuldram.o	01243 783370					info@apuldram.org									Day care centre for adults with learning disabilities.
Play and Leisure	Music and Arts	The Belltree Music Therapy Centre offers a	http://www.belltree.org	01273 681691					tinaw@belltree.org.uk									
Information Services & Advice		The Big Bridge Information		01293 513331					linda.gray@outreach3way.org									Providing services for people with learning disabilities. The information centre and meeting place for people with learning difficulties 16 years+, their families, carers and friends.
Play and Leisure		The Cinema Exhibitors' Association Card		0845 123 1292					info@ceacard.co.uk									A national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. To apply you will need to be in receipt of the disability living allowance. Application forms are available from cinemas across the UK or a form can be downloaded from the website.
Education	Educational Re	The Dame Vera Lynn Trust School for Para	http://www.dvloc.org.u	01403 782294									Ingfield Manor School	Five Oaks			RH14 9AX	Specialist setting for young children (three months to five years) with cerebral palsy or motor learning difficulties. Children learn alongside their parents/carers within the holistic practice of Conductive Education.
Grantmaking	Equipment	The Ellier Foundation	http://www.ellierfoundation.org.uk/															Funds a wide range of specialised equipment and respite for children and adults with any form of physical or learning disability. Items funded in the past include: Wheelchairs, beds, specialised seating, trikes, communication aids, sensory equipment and specialised holidays for the disabled. To apply: download an application form. Financial details and supporting evidence from a professional is required.
Play and Leisure	Playschemes	The Friday Club		01903 502850					jkking.john@hotmail.co.uk									Club for young people with learning difficulties. varied programme of activities including arts and crafts. Fridays. 5-8 years 5.30-7.15pm and 9-12 years 7.30-9.30pm. £2 a session.
Education	SEND Hub Net	THE HIVE	http://www.adurhive.co	01273 594285					support@adurhive.com				Heros D	Hawkins	Shoreham by Sea		BN43 6TN	
Carers Support Organisations		The Koorana Centre	http://www.thekoorana	01444 810295					info@thekooranacentre.com				Street Lan	Ardingly	Haywards Heath		RH17 6UB	The Koorana Centre supports young people with special needs and their families. Visit website for activities including a monthly drop-in for parents and pre-school children.
Behavioural Difficulties		The Learning Assessment & Neurocare Cen	http://www.lanc.uk.co	01403 240002														Specialises in helping children, adolescents and adults with neuro-biological conditions, especially ADHD and related conditions, Asperger and Tourette Syndrome, dyslexia, dyspraxia, etc. GP referral required.
Learning Difficulties		The Makaton Charity	http://www.makaton.or	01276 606 760					info@makaton.org									Information, advice, training and resources to enable people to use the Makaton system of communication.
Grantmaking	Health	The Matthew Trust	http://www.matthewtrust.org/															Provides support and care for children and young people aged 8 years+ who have mental health difficulties.
Play and Leisure	Playschemes	The Mohair Centre	http://www.mohaircent	01825 872457					mohairchildcare@hotmail.co.uk									A working farm, holiday play scheme, after school club and nursery
Education	Early Years	The Nursery Playgroup (The Yewe Playgrou	http://www.thenursery	01444 412367					supervisor@thenurseryplaygroup.org.uk									Inclusive playgroup in Haywards Heath for children aged one to five years.
Play and Leisure		The Oak Community Project, Rustington		01903 779739														Day service for adults with a learning difficulty.
Health Needs	Life Limiting &	The Olive Tree Cancer Support Centre	http://www.olivetreeca	01293 534466					olive_tree@btconnect.com									The Olive Tree is an independent cancer support group, who provide a drop-in centre, complementary therapies, counselling, information and support for cancer patients and their carers and families.
Grantmaking	Health	The Phoenix Children's Foundation	http://www.phoenixcharity.org/															Helps children under 18 years with Cerebral Palsy. It is able to provide funding (under £1,000) towards essential equipment, communication aids, and other specific services not provided by statutory services. The charity prefers applications to be completed on-line and sent direct from the website. Supporting evidence from an appropriate professional is required.
Play and Leisure		The Pines, Worthing		01903 691001														Day centre for adults with learning disabilities.
Play and Leisure		The Ravens		01903 218022					Rob.Scott@westsussex.gov.uk									Day centre for adults with disabilities. Fully-adapted multi gym, access by G.P. letter.
Health Needs	Speech and La	The Speech Centre		01892 661116					info@speechcentre.co.uk									Specialists in speech technology for both the professional and disabled user market
Play and Leisure		The Strawford Centre, Horeham		01403 261488														Day services for adults with learning difficulties with profound and complex needs.
Sensory Impairments		The Voice of Progress	http://www.voiceofprog	01903 776569					n.myer@bopenworld.com									Talking Newspaper, Bognor to Lancing
Education	Special Suppor	Thomas Bennett Community College (Socie	http://www.thomasben	01293 526255					office@thomasbennett-tkat.org				Ashdown	Tilgate	Crawley		RH10 5AD	Special Support Centre for children with autism.
Education	Special Suppor	Three Bridges Primary School - Lower and	http://www.threebridge	01293 524076					office@threebridgesprimarieschool.co.uk				Gales Pla	Three Brid	Crawley		RH10 1QG	Special Support Centre for children with speech and language difficulties.
Play and Leisure	Music and Arts	Time Aalide	http://www.timeaside.c	01730 810166			07967 828654	Andrew Barker	andrew@timeaside.com									Sensory art workshops providing creative fun for the whole family using a rich array of materials.
Health Needs	Life Limiting &	Together for Short Lives	http://www.togetherfor	0808 8088 100														Campaigns for improved palliative care of children with life limiting or life threatening illnesses, also supports parents and professionals.
Mobility and Equipment		Tomcat SNI Ltd	http://www.tomcatspecialne	01452 616900					info@tomcatuk.org				13/9 The	Hucclecot	Gloucester		GL3 4AA	Design and manufacture bespoke special needs tricycles to suit the needs of children and adults with mild to severe disabilities, whether learning, visual or physical.
Behavioural Difficulties		Tourette's Action	http://www.tourettes-a	0300 777 8427					help@tourettes-action.org.uk									Wide range of services including: information and advice; training; resources; support with diagnosis; grants; and social activities for people with tourette syndrome.
Play and Leisure	Respite and Sh	Tourism for All	www.tourismforall.org	0845 124 9971					info@tourismforall.org.uk									Information and advice on all aspects of holidays for disabled people.
Health Needs	Residential Car	Tozer House, Chichester,		01243 776703					paul.buckwell@westsussex.gov.uk									Accessible residential care home owned by West Sussex County Council for adults aged 19 and over with learning difficulties. Also offers respite care.
Education		Trans-active	http://www.trans-active.org.uk/						trans-active@mencape.org.uk									Project in which teenagers with and without severe learning disabilities, and their parents or carers work together using multimedia to explore choices when they leave school. The project is about using and giving support, making plans, making friends and having fun.
Information Services & Advice		Transition Information Network	http://www.transitioninforonetwork.org.uk/															Information about money, health, education, employment, housing, transport and leisure, relationships and legislation, for parents, carers and people who work with and for disabled young people in transition to adulthood.
Grantmaking	Health	Tree of Hope Children's Charly	http://www.treeofhope	01892 535525					help@treeofhope.org.uk									Provides funding towards specialist surgery, treatment and therapy for sick disabled children. We could not find guidelines on their funding criteria so would suggest contacting the charity for further information.
Grantmaking	Leisure, Sports,	Trefoil	http://www.trefoil.org.uk/	0131 339 3148					info@trefoil.org.uk									Provides grants for holidays or the personal development of children and young people with special needs. Guidelines and an application form are available from the charity's website.
Behavioural Difficulties		Triangle	http://www.triangle-ser	01273 413141					info@triangle-services.co.uk									Provides individual outreach and therapeutic support for children and young people up to age 12 presenting severely challenging behaviour. Caters for children with additional physical, sensory, learning and communication difficulties, as well as challenging behaviour. UK wide training and consultancy for communicating and consulting with disabled children. Fully accessible training and groupwork venue in Hove.
Play and Leisure		Tuesday Group		01903 502850					jkking.john@hotmail.co.uk				Rustington Youth Ce	Rustington				School age with learning difficulties. Students from Oakgrove attend Tuesday 5.30pm - 7.30pm. £2 a session. Play ball games, table tennis, pool, air hockey & football.
Carers Support Organisations		Understanding Differences	http://www.understand	07832 245014					admin@understandingdifferences.org.uk									A self help group to support children and families, who have experienced difficult times. Offer a network of families who understand what parents are going through. Hold coffee mornings in Crawley in accessible premises.

Category	Subcategory	Organization	Website URL	Main phone	Main phone is for (branch, role, person)	Named contact	Secondary phone	Secondary phone is for...	Main email	Facebook	Twitter	Opening times	Address 1	Address 2	Town	County	Postcode	Description
Health Needs		Unique - Rare Chromosome Disorder Supp	www.rarechromo.co.uk	01883 723356			01883 330766	Helpline	info@rarechromo.org									A group run by and for parents of children with rare chromosome abnormalities diagnosed from ante-natal onwards. Puts parents in touch with each other and to support each other by the pooling of information etc. and to make the medical profession aware of the group so that families can be helped sooner.
Learning Difficulties		United Response Southern Area office	http://www.unitedresp	01903 732736					diane.warner@unitedresponse.org.uk									For people with learning disabilities, includes residential services and supported living. Mental health schemes based at Littlehampton include the Residential Housing and Community Support Worker Schemes.
Information Services & Advice		University of Sussex - Sussex Regional Aco	http://www.sussex.ac	01273 678497			01273 877158	Text	srac@sussex.ac.uk									Offers advice, assessment and IT training for those who have been granted Disabled Student's Allowance. Grants ranging from £100 to £10,000 are available for disabled children and their families. Funding can be used on items like bath mats and hoists, mobility equipment, learning and communication equipment, plastic sheets and feeding tubes.
Grantmaking	Equipment	Variety Club Children's Charity	https://www.variety.org	020 7428 8120					julie.thomas@variety.org.uk									
Information Services & Advice		Involved West Sussex	https://www.vinspired	01798 831153					liz.avenell@outsetyouth.org.uk									For young people 16-25 years, who want to become a volunteer in West Sussex.
Sensory Impairments	Visual Impairm	Vision Aid		01204 64265					visionaid@aol.com									National organisation supporting visually impaired children, their families and professionals. Services include information and reference library, toy loan, visual stimulation equipment, hi-tech aids and tactile photocopying.
Learning Difficulties		Voices, Bognor and Chichester		07748 088427					bvoice.chi@btinternet.com									Service run by people with learning difficulties to offer mutual support, contact and help to speak up for themselves.
Grantmaking		Voices for Disability	http://www.voicesfordis	01903 244457					info@wsad.org.uk									Advice, information, support and social contact for people with disabilities. Some money available for special disability grants.
Education	Special Suppor	Warden Park Academy (Additional Learning Needs)		01444 457881					admin@wardenpark.co.uk				Broad Str	Cuckfield	Haywards Heath		RH17 5DP	Special Support Centre for children with particularly complex learning needs including dyslexia.
Education	SEND Hub Net	WAVE	http://www.chathigh.co	01903 241368					pwalker@chathigh.co.uk									
Play and Leisure		Welcome In Thursday Club	http://www.salvationar	01903 234497					welcome_in@btconnect.com			Thursday 7-	Worthing Salvation Ar	Worthing				Runs a Youth Club for young people with Learning Difficulties aged 15 and over. Through our UK-wide network of children's nurses, home makeover projects, family support groups and research, we make it possible for children with serious illness to be cared for at home with their families wherever possible.
Grantmaking	Health	Well Child	https://www.wellchild.org.uk/															
Information Services & Advice		Wellspring West Sussex	http://www.wellspringw	07742 408868					info@wellspringwestsussex.org.uk				26 Goldsmith Road,	Worthing, West Sussex	BN14 8ER			This registered charity provides information to children and young people with disabilities and special needs, and their parents and carers in West Sussex.
Play and Leisure	Music and Arts	Wellspring West Sussex Creative Arts Workshops		01403 210836	Adam Gellibrand				aggellibrand@hotmail.co.uk									Music workshops to groups of disabled young people up to 25 in West Sussex.
Play and Leisure	Sports	West Coast Tomados Littlehampton Community School		07799 268886	Carl Scott, Manager/Coach				CarlScott07@googlemail.com									Wheelchair basketball club for over 10 years. Friday, 7.15-9.15p. £3 per session.
Education	Special Suppor	West Park C of E School (Special Support C	http://www.westpark.w	01903 243099					office@westparksch.co.uk				Marlbourou	Goring by	Worthing		BN12 4HD	Two Special Support Centres, one for children with learning difficulties and/or emotional needs and a another for children with physical disabilities.
Education	Educational Re	West Sussex Alternative Provision College	http://apcollege.co.uk/contact/															SENCOs or staff.
Carers Support Organisations		West Sussex Carers Website	http://www.westsussex	01903 777615					projects@icis-info4life.org.uk									Website providing 24 hour information and help for carers and ex-carers in West Sussex. Information about caring and caring concerns, searchable database of local support and services, links to national services, young carers section, news pages, useful books, carers stories and more.
Information Services & Advice		West Sussex County Council - Children and Young People's Serv		01273 268800														Organises and provides social care for children, young people and carers according to need in West Sussex. Ask for the Children's helpdesk. Adur Bognor Regis - Tel: 01243 642400 Chichester - Tel: 01243 752999 Crawley - Tel: 01293 895100 Horsham - Tel: 01403 326362 Littlehampton - Tel: 01903 738900 Mid Sussex - Tel: 01444 446100 Midhurst - Tel: 01243 752999 Worthing - Tel: 01903 839100 Out of hours Tel: 01903 694422
Information Services & Advice		West Sussex County Council - Family Information		01243 777807														
Information Services & Advice		West Sussex County Council - General Enquiries		01243 777100														
Information Services & Advice		West Sussex County Council - Schools and Youth Service		0845 075 1007														
Information Services & Advice		West Sussex County Council Shared Lives		01444 254463					jo.braine@westsussex.gov.uk									Families provide people with learning disabilities a place to stay and support.
Information Services & Advice		West Sussex County Council - Social Care		01243 642555														
Information Services & Advice		West Sussex County Council/ WSCC	https://www.westsussex	0845 7581232														Information on any matter concerning County Council, District or Town Councils throughout West Sussex. Provides respite support for carers in their own home, by sending in trained attendants to take over the caring role. Mid Downs - Tel: 01403 249090 Email: middowns.crossroads@virgin.net Worthing - Tel: 01903 216678 Email: worthingcrossroads@hotmail.com
Play and Leisure	Respite and Sh	West Sussex Crossroads, Caring for Carers Ltd		01243 864600	Chichester and Bognor		01403 249090		janice.ellis2@btinternet.com									Set up to support the parents of children in West Sussex with dyslexia.
Learning Difficulties		West Sussex Dyslexia Support Group for Children		01243 553280														Provides a list of member nursing and residential care homes in the local area. Also has a weekly Bed Vacancy Register.
Information Services & Advice		West Sussex Forum Ltd, Worthing.		01903 202100					westsussexforum@btconnect.com									Mentoring and befriending service for adults with learning difficulties who would like to go to classes at either an adult education or leisure centre or who would like to go out to activities such as ten-pin bowling, cycling or the cinema.
Education		West Sussex Learning Links		01403 713513					team@wslearninglinks.org.uk									
Carers Support Organisations		West Sussex Parent Carer Forum		01903 726188					parents@wspcf.co.uk									Local forum providing a voice for parents across West Sussex.
Information Services & Advice		West Sussex Parents' Forum		07528 418149					parents@westsussexparentsforum.co.uk									Issues affecting children and young people with disabilities.
Education	Educational Re	West Sussex SEND Information, Advice and Support Service	https://www.westsussex	0845 075 1008	Helpline				parent.partnership@westsussex.gov.uk									A service for parents and carers of children with special educational needs. Helpline provides advice and information on educational issues.
Sensory Impairments		West Sussex Sensory Services Team		01243 642555			01403 275515	Text	AS.Sensory.Services.Duty@westsussex.gov.uk									Contact for provision of services for adults with sensory impairments.
Information Services & Advice		West Sussex Supported Living Scheme (SLS)		07739 479565	South SLS South (covering south of t		07739 479566	North SLS North (co	sally.dickens@westsussex.gov.uk									Works with service users, carers, statutory and non-statutory agencies to deliver a range of short stay, long stay and outreach services, promoting independence. Enables people with learning difficulties and a variety of additional health needs to live in their own home. Referrals through the local Adults Services Help Desk.
Mobility and Equipment		West Sussex Wheelchair Service - Bognor		01243 623650														
Mobility and Equipment		West Sussex Wheelchair Service - Horsham		1403 227000 (Ext 7160)														
Mobility and Equipment		West Sussex Wheelchair Service - Worthing		01273 265850														
Play and Leisure	Sports	Westgate Leisure Centre	http://www.westgatele	01243 785651					westgateleisure@chichester.gov.uk									Various sports and leisure activities including inclusive swimming and trampolining for children aged five and over.
Health Needs	Counselling	What's Up Therapy		07935 395416					whatsuptherapy@gmail.com				140 South Tarring	Worthing			BN14 7NB	Therapeutic counselling for children and young people with a disability/ additional needs, parent carers and siblings.
Play and Leisure		Wheelchair Laser Tag		07576 012756					wheelchairlasertag@gmail.com									A fun family-friendly activity designed for but not exclusively for wheelchair users.

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Mobility and Equipment		Wheelchair Service – West Sussex		01403 227000		Crawley & Horsham	01243 531268, 01903 846500											Provides and maintains wheelchairs on loan to Health Authority residents with long term mobility problems. Short term loans available from British Red Cross or Home Loans - NRS Direct Care Equipment Loan Service. Initial referral is via either GP, OT, physiotherapist, consultant or senior house doctor.
Play and Leisure	Sports	Wheelpower Junior Sports Camp		07919 051848														
Play and Leisure	Sports	Wheels for Wellbeing	http://www.crawley.gov	01293 585350			07584 281947											A specialist, traffic-free, cycle track with access to adapted cycles for wheelchair users and people with disabilities. They offer coaching sessions, group rides and can be booked for group events.
Play and Leisure		WheelyBoat Trust	http://www.wheelyboat	01798 342222					wheelyboattrust@btconnect.com									Provides a wheelchair accessible boat called the "wheelyboat", that can be used independently by disabled people, primarily used for fishing, but is also suitable for pleasure boating, bird watching etc.
Health Needs	Life Limiting &	When You Wish Upon A Star	http://www.whenuyouwish	0115 979 1720					whenuyouwish1@aol.com									Aims to fulfil wishes for any child aged 2-16yrs who has a life threatening or terminal illness. Also have holiday homes and caravans in Britain, Spain and Florida.
Mobility and Equipment		Whizz-Kidz	www.whizz-kidz.org.uk	0845 052 1231					kidzservices@whizz-kidz.org.uk									Raises money to provide disabled children and young people with customised mobility equipment that is not available through the NHS. Equipment provided includes powered and manual wheelchairs, trikes, buggies and walking aids.
Physical Disabilities		Whoopsadaisy	http://www.whoopsadaisy	01273 554178					info@whoopsadaisy.org									Courses for parents and children with cerebral palsy in the principles of conductive education.
Education	Early Years	Windmills Opportunity Playgroup	http://www.windmillsplaygroup	01444 220378					info@windmillsplaygroup.co.uk									Inclusive playgroup for children with and without additional needs.
Health Needs	Life Limiting &	Winston's Wish	http://www.winstonswish	01242 515157					westsussex@winstonswish.org.uk									National charity with an active branch in West Sussex providing support for bereaved children.
Play and Leisure	Sports	Wittering Divers Ltd		01243 672031					sales@witteringdivers.co.uk									Scuba diving with support for people with physical and learning disabilities over 15.
Education	School	Woodlands Mead School	http://www.woodlandsmead	01444 244133					office@woodlandsmead.co.uk				Chancton	Burgess Hill			RH15 9EY	Special needs school amalgamated from two previous special needs schools, Court Meadow and Newick House School. For children aged two to 19 years with special educational needs.
Information Services & Advice		Work Aid, Chichester	http://www.aidingbourntrust	01243 546035		Rachel Smither, Project Manager	07508 038639		workaid@aidingbourntrust.co.uk									
Information Services & Advice		Working Families	http://www.workingfamilies	0300 012 0312					advice@workingfamilies.org.uk									Information, advice and campaigning for better work-life balance for UK families.
Play and Leisure	Sports	Worthing Disabled Swimming Club		01903 263704														Swimming club for adults with physical impairments at Oakgrove College, Worthing. Thursdays 12.05-1.05pm, during school term.
Information Services	District Council	Worthing District Council		01903 239999					enquiries@adur-worthing.gov.uk									
Education	Special Support	Worthing High School (Special Support Centre)	http://www.worthinghigh	01903 237864									South Farm Road	Worthing			BN14 7AR	Special Support Centre for up to 15 children with additional learning needs.
Learning Difficulties		Worthing Kids and Dapper Snapper	http://www.wkds.org/wkds	07570 468893					info@wkds.org									Support group for children with downs syndrome and other disabilities
Play and Leisure	Sports	Worthing Leisure Centre	http://www.southdown	01903 502237					worthingleisure@adur-worthing.gov.uk									Various sports and leisure activities including inclusive trampolining for young people with a disability
Sensory Impairments		Worthing Society for the Blind	http://www.worthingsofb	01903 235782					info@wsfb.org.uk									Organisation for sight impaired people of all ages in Worthing.
Learning Difficulties		Worthing SpeakAbout		01903 824308					speakabout@btopenworld.com									A group providing self-advocacy for people with learning difficulties in the Worthing, Littlehampton and Shoreham areas.
Play and Leisure	Sports	Worthing Visually Impaired Bowls Club		01903 773973								Wednesday 9.30am-12pm						Worthing Pavilion Bowls Club. Indoor and outdoor bowls club for visually impaired people over the age of 20.
Information Services	Financial Advice	WSCC Benefits Advisor		0330 222 2589			07850 240874		robert.hayes@westsussex.gov.uk									Benefits advice and support for people applying for DLA for themselves or their children.
Sensory Impairments		Yewe Talking Book Service, Mid Sussex	http://www.yewe-talkin	01444 417953					jharris@talktalk.net									
Play and Leisure	Playschemes	You Can Do It!		01403 273301					carolinemjohnston@btopenworld.com									Age 0-11. Club facilitating inclusive sports and arts activities for children with additional needs such as Down syndrome, cerebral palsy, autism and others. Their siblings and friends are also welcome and the club provides support to their families
Carers Support Organisations		Young Carers	https://www.westsussex	01903 270300			01903 236562		youngcarers@westsussex.gov.uk									Young carers workshops 10-16yrs, full day activities during each school holiday. Support for children and young people with caring responsibilities, up to age 19. May be funding to help children with caring responsibilities take part in sports, drama clubs, guides and scouts or have family days out.
Health Needs	Mental Health	YoungMinds	http://www.youngminds	0808 802 5544					ymenquiries@youngminds.org.uk									A charity committed to improving the mental health of all babies, children and young people. The Parents' Information Service is for anyone with concerns about the mental health of a child or young person.
Play and Leisure	Playschemes	Your Space Your Time	http://www.yourspaceyourtime	01273 465616					info@yourspaceyourtime.co.uk									Play scheme for children and young people with special needs aged between five and 23 years providing respite for parents, carers and their families. Runs on the first and third weekend of each month, as well as providing sessions in school holidays.

