



The Springboard Project Membership Groups

CHEEKY MONKEYS

The family members' group that provides daily use of our Centre that is open to members and other families between 10 am and 5 pm Monday to Friday with private hire facilities available for parties and functions outside these times

GRASSHOPPERS

Offers specialised leisure activities and a Saturday Club for children aged 5 to 13, who have disabilities and/or special needs and also provides respite care for families and carers

OUTBURST

Enables teenagers (13+) with additional needs and/or disabilities to move on from Grasshoppers and enjoy specialised leisure pursuits that are more suited to their age group whilst providing respite care for their parents and carers

BUNNY HOPPERS

A special group for under 5's with disabilities or special needs with their parents to visit Springboard on Sunday afternoons and holiday time to give some respite to parents and share information for newly diagnosed infants

TWINS & MoM's CLUB

Recently set up to cater for parents of twins and multiple birth children providing a regular meeting place, support and activities with the guidance of a dedicated Health Visitor

TOY LIBRARY

Contains toys, play equipment and fancy dress hire on loan to all children up to age 8 with an extended range of specialist play equipment for special needs children

"STEP-BY-STEP" DANCE GROUP

A recent addition to the Project established to give youngsters with special needs and disabilities a regular club to enjoy dance and music with a trained therapist in a safe and friendly atmosphere

BUDDY SCHEME

A new initiative designed to provide access to leisure and recreation facilities for teenagers with disabilities and special needs during the week, weekends and holiday time with volunteers of their own age group