



An Introduction To Special Needs

(for parents of children under 5)

Wednesdays 9.30am-12pm
at venues in Shoreham and Worthing

**6 week course covering the major issues
parents want to know about:**

- 12th Oct:** Managing Stress & Building Your Resilience
- 19th Oct:** More Fun, Less Hassle - handling tricky behaviors positively
- 2nd Nov:** Getting the best out of meetings with professionals
- 9th Nov:** Money Matters - claiming DLA for pre-schoolers
- 16th Nov:** Help at School - understanding Statements of SEN
- 23rd Nov:** What's going on locally

Parents can sign up to attend all 6 workshops or just those which are most appropriate to their family's circumstances.

To register for this course please contact
Brian O'Hagan at **info@parentandfamilycare.org.uk**
or phone him on **07939 192 388**