

HORSHAM DISTRICT DISABILITY SPORTS AND ARTS JULY 2008

Horsham District Council Leisure Link Services
 Park Lodge, North Street, Horsham, West Sussex, RH12 1AB.
 Website: www.horsham.gov.uk

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Broadbridge Heath Leisure Centre Wickhurst Lane Broadbridge Heath, Horsham West Sussex, RH12 3YS Tel: 01403 211311. Website: www.dcleisurecentres.co.uk	Pavillions in the Park Hurst Road Horsham West Sussex, RH12 2DW Tel: 01403 219200. Website: www.dcleisurecentres.co.uk	Steyning Leisure Centre Horsham Road Steyning West Sussex, BN44 3AA Tel: 01903 879666. Website: www.dcleisurecentres.co.uk
Chanctonbury Leisure Centre, Spierbridge Road Storrington West Sussex, RH20 4PG Tel: 01903 746070	Henfield Leisure Centre The Kings Field Henfield West Sussex, BN5 9QB Tel: 01273 494984	Southwater Leisure Centre Pevensey Road Southwater West Sussex, RH13 9XZ Tel: 01403 274652

Leisure Access Card Horsham District Council Leisure Services.

Park North, North Street, Horsham, West Sussex, RH12 1AB. Tel: 01403 215262.

Discount card for Horsham District residents on a low income or full time students.

Discounts at several of the council's leisure facilities and services and a number of independently operated leisure facilities, attractions and clubs. The card is free of charge.

Radar Key To open accessible toilets anywhere in the UK. Martin Gentles, Access Officer / Head of Building Control. Tel: 01403 215152. Email: martin.gentles@horsham.gov.uk.

Horsham District Council. Park North, North Street, Horsham, RH12 1AB.

English National Bus Pass Carol Harding Tel: 01403215323. Horsham District Council Finance Administration Department, North Point, North Street, Horsham, West Sussex, RH12 1RL.

Email: carol.harding@horsham.gov.uk Website: www.horsham.gov.uk Under A-Z Index, Bus Pass. The English National Bus Pass allows a disabled person of fare paying age (over 5) to travel free of charge on the majority of buses in England. Also companions of disabled people who, without such companions, would be unable to use public transport.(Ask for details of the Companion Pass).

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Sports Clubs including disabled children & young people living in Horsham District

Baseball Project Age 8-16. Specific Sundays 10-11.15am. £1 a session. Disability baseball sessions. Ingfield Manor School, Five Oaks, Billingshurst, West Sussex, RH14 9AX.

Paul Taylor, Community Recreation Officer Tel: 01403 215637. HDC, As above.

Forest Flyers Age 6-25. Saturdays 10-11.30am. £2. Disability Football Club.

Forest Recreation Centre, Forest School, Comptons Lane, Horsham, West Sussex, RH13 5NW.

Steve Cooling. Tel: 01293 881986. Email: poundhillsecltd@aol.com

Horsham Area Community Cricket Project Developing disability cricket in the Horsham District in partnership with local clubs. Cricket sessions for QE11 School, Grasshoppers (Springboard), Strawford Centre. John Burroughs, Community Cricket Coach & Development Officer. Tel: 01403 215642. HDC.

Horsham Table Tennis Club Age Over 8. Greenway School, Greenway, Horsham, RH12 2JS.

Integrated table tennis club. Ian Ford, Sports Development Officer Tel: 01403 215634. HDC. See above.

Website: www.horshamtabletennisclub.co.uk

Parkhaven Adults with mental health issues. Mondays 11-12pm. Mental wellbeing drop in sessions providing Yoga, new age Kurling, Boccia. Park Barn, Horsham. Mr John Gog, Centre Manager,

Tel: 01403 249920. Karen Sargeant. Tel: 01403 215639 Email: parkhaven@btconnect.com

Ready and Able Club Age over 11. Mondays but not Bank holidays 6.15-8pm.

Bluecoat Sports Centre, Christ's Hospital, Horsham, West Sussex, RH13 7YE. Sports Club for people with any disability, and their family and friends. Aims to provide fun through activity & opportunity to meet people. Activities include: five a side football, fitness training, short mat bowls, cricket, swimming, trampolining, basketball, table tennis, exercise machines, badminton, short tennis, occasional boccia and golf. Lift to café. Paul Taylor, Community Recreation Officer Tel: 01403 215637. HDC, See above.

Ian Burlinson, Club Co-ordinator Mobile: 07764146339.

Riding for the Disabled (RDA)

- **Burstow Park Riding & Carriage driving for the Disabled** Adult and children sessions. Open Monday to Thursday. Mrs E McLaren, Chairman. Tel: 01342 325197. Burstow Park Riding and Livery Centre, Antlands Lane, Burstow, Horley RH6 9TF. Pupils of QE11 school, Horsham, ride at Burstow.
- **Cranleigh** Thursday Mornings. Casis Farm, Rowley Drive, Cranleigh, Guildford, Surrey. Pauline Lane Tel: 01483 271843. Pupils with PMLD from QE11 School, Horsham ride here.
- **Happy Landings Carriage Driving Group** Burning Fold. Wednesday am in the summer. Mrs Carol Porter, Group Organiser. Tel: 01403 741355. Email: carolporte@aol.com Manor Farm Dunsfold, Surrey. Mainly adults.
- **Ingfield Manor Group** Isabel Braham Tel:01798 865305.Email:isabel.braham@btconnect.com Littleworth House, Littlewoth, Pulborough West Sussex, RH201JH. For pupils of Ingfield Manor
- **Rudgwick** Riding or driving for disabled people of all ages. Use various venues. Holiday Camp. Mrs Jane E Lawson. Tel: 0845 4507047. Email: shaun@lawson-partners.com Greathouse Farm, Lynwick Street, Rudgwick, West Sussex, RH12 3DJ.
- **South Downs** Tuesdays, 10-12pm. Brinsbury College, Pulborough, West Sussex. Mrs Jill Brown, Organiser. Tel: 01798 817544.

Sunbeam Swimming Club for the Disabled Friday 8-9pm. People of all ages with any disability, their families and volunteer helpers. Mr Robin Ayres Tel: 01403 253200 or Maureen Butcher Tel: 01403 257740. Pavillions in the Park, Hurst Rd, Horsham, West Sussex, RH12 2DW.

You Can Do It! Age 0-11. Club facilitating inclusive sports and arts activities for children with additional needs such as Down syndrome, cerebral palsy, autism and others.

Their siblings and friends are also welcome and the club provides support to their families.

Caroline Johnston. Tel: 01403 273301. Email: carolinemjohnston@btopenworld.com

Yoga sessions Yoga for people with fibromyalgia. Friday 10.15-11.15am.

Unitarian Church Hall, Horsham. Paul Elliot. Tel: 01403 218327.

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The Arts including disabled children and young people living in Horsham District

Adam Gellibrand Community Muscian, Percussion Workshops.

Tel: 01403 210836. Mobile: 07977 215263. Email: apgellibrand@hotmail.co.uk

Ariel Othellos Special Needs Drama Group Saturday Mornings 8.45-9.45am. £5 a session.

Oakmeeds Community College, Station Rd, Burgess Hill, West Sussex RH15 9EA.

Nicci Tel: 01444 250407. Email: info@arieldramaplus.co.uk Website: www.arielct.co.uk

Performed at the Ariel Drama Plus Showcase at the Hawth Theatre, Crawley in July 2008.

Pupils of QE11 School, Horsham attend this group.

Blue Oasis Disco Drill Hall, Denne Rd, Horsham. Nick Jenkins. Tel: 01403 215216. HDC, See above.

Popular club nights for people with learning disabilities and their friends. The clubs celebrate the artistic achievements of people with learning disabilities as artists and participants. There are singers, bands, DJ's, dance acts, drumming performances and great artwork to look at too.

Queen Elizabeth II School Comptons Lane, Horsham, RH13 5NW.

Lesley Dyer, Headmistress Tel: 01403 266215. Sue Jay, Head of Drama.

The School has taken part in several Dance/Drama Productions:

The "Rock Challenge" 2007 & 2008 & "Dance Time" for a few years, both held at The Hawth, Crawley;

The "European Debating Challenge" at County Hall, Chichester in 2007 and QE11 came third. In 2007

Pupils performed to an audience of dance teachers at the Laban Centre, Creekside, London, SE8 3DZ.

Step-by-Step Dance Group Age over 5. Monday 5.30-6.30pm. Venue to be confirmed.

Maria Dunkley. Tel: 01403 864255. Email: maria_davey@hotmail.co.uk

Maria organised "Dance Dance" show run by Horsham District Council at the Capitol, Horsham in 2007 together with Horsham District Council. They have performed at the Blue Oasis Discos in Horsham.

Strawford Centre Blatchford Close, Horsham, West Sussex, RH13 5RG.

Mandy McGavock, Manager Tel: 01403 261488. Email: mandy.mcgavock@westsussex.gov.uk.

The Strawford day centre provides services for 112 adults with a learning difficulty. This includes provision for 12 people with profound and complex needs. There are 30 people employed in the centre, and they have a well-established training programme to enable them to develop their skills. Staff work in partnership with others to support individuals and to monitor and develop the service as a whole.

Sam Gray, Community Arts instructor; Leon Craven, Music and Drama instructor;

John Walker, Creative Arts volunteer.

- Dance and Drama: Two dance groups and musical production events. They performed on the "Dance Dance" show run by Horsham District Council at the Capitol in Horsham 2007. They have a joint Project with Hurstpierpoint School and Horsham District Council to perform their respective dances to one another.
- DJ Training. A joint project with Horsham District Council where 3 young people were trained as DJ's and have worked at the Blue Oasis Discos and have done some private work.
- Music: Drumming workshops with Horsham District Council staff, which led to a performance at Blue Oasis Discos. Chime bars group.
- Art: Art work has been displayed at the Fontwell Art Exhibition at the end of May 2008. Their Media group enter photograpic competitions.

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Youth Clubs/ Social Clubs/Buddy Scheme for disabled young people in Horsham District

Chanctonbury Community Playscheme Four week summer playscheme for children with special needs, age 5-19, 2 weeks at Rydon School, Storrington and 2 weeks at Oakgrove College in Worthing. Aims to provide new and stimulating experiences for children, which range from swimming, horseriding, going on outings, canoeing etc whilst offering respite for parents.

A donation of £50 per week is requested per child. Transport is provided at £15 per week per child.

Rebecca Batchelor Tel: 01306 627485. Website: www.ccps-sussex.co.uk

Little Fields, Tickfold Farm, Kingsfold, West Sussex, RH123SE.

Gateway Club – Horsham Social Club for adults with learning difficulties. Thursday 7-9pm.

Drumming performances at the Blue Oasis Disco, funded by Mencap local Arts Award. Youth Wing, Forest School, Comptons Lane, Horsham. Richard Flitney, Club Leader. Tel: 01273 492465.

Hi-Lite Club Age 11-19 with additional needs. Tuesday 7-9pm. No charge.

The Weald Youth Wing, Station Road, Billingshurst, RH14 9RY.

Mike Grant, Youth Worker Tel: 01403 782539. Email: mgrant@theweald.org.uk

Carrie Coldridge. Mobile: 0776 7433314. Email: jmacdonald@theweald.org.uk Secretary.

M8S Youth Club Age 13-19. Wednesday. 7-9pm. Horsham Youth Centre, Hurst Road, Horsham, RH12 2DN. Ann Ball. Tel: 01403 210388. Email: horsham.youth.centre@westsussex.gov.uk

Outreach3way “One to One Plus Days Out and Holidays”

Provide staffing for days or evenings out and organise holidays and bespoke holidays. Any adult with a learning difficulty living in West Sussex. Brochure available.

Jilly Constable, Co-ordinator Tel: 01293 655454. Email: jilly.constable@outreach3way.org

Outreach3way “One to One Plus” - Horsham Saturday club for people with learning difficulties, who are mobile, self-caring and are living at home. Age under 30. Alternate Saturdays 10am-3pm.

Forest School, Comptons Lane, Horsham. The Club aims to provide respite care for carers and to provide an enjoyable and therapeutic day for club members.

Jilly Constable, Co-ordinator Tel: 01293 655454. Email: jilly.constable@outreach3way.org

Special Task Force Penfold Hall, Church Street, Steyning, West Sussex, BN44 3YB.

Claire Rigg, Organiser Tel: 07875 137986. Email: special-task-force@hotmail.com

- Special Task Force Age 11-25yrs. 2.30-5pm. £1. 1st and 3rd Saturday of month,
- Special Task Force Plus+. Age 18 and over Senior members programme. Dates as arranged.
- Special task Force Go Wild Junior Project as of 25/10/2008. Age 11-14 yrs. 10.30am-1pm. 2nd and 4th Saturday of month. Venue to be confirmed.

Springboard Project A registered charity providing inclusive play and a recreation centre for children and their families, focusing on children with special needs and disabilities at Springboard House.

Springboard House, 52 Hurst Road, Horsham, West Sussex, RH12 2EP.

Nigel Scott-Dickson, Project Manager. Tel: 01403 218888.

Email: info@springboardproject.com Website: www.springboardproject.com

- **Buddy Scheme** Age 11-18 years.

Buddy Scheme for young people with disabilities and with or without additional support needs to enable them to take part in community activities like bowling and drama and widen their circle of friends. Covers Horsham, Crawley, Billingshurst, East Grinstead and Hassocks.

Laura Fletcher, Horsham and Crawley Leisure Development Co-ordinator. Tel: 01403 257699.

Mobile: 07948 708582. Email: crawleyandhorshamldc@springboardproject.com

- **Bunnyhoppers** Parent support group of children with special needs age 0-5.

Sundays once a month, 2-5pm. Early Years co-ordinator, Maria Dunkley. Tel: 07804 529903.

- **Grasshoppers** Age 5-13yrs Saturday 10-2.30pm. Katie Hallums, Activities Manager.

Tel: 01403 257699. Email: activities@springboardproject.com

- **Outburst Holiday Activity Scheme** Age 13-18. Laura Fletcher, Horsham and Crawley Leisure Development Co-ordinator. Tel: 01403 257699. Mobile: 07948 708582. Email: see above.