

CRAWLEY DISABILITY SPORTS AND ARTS JULY 2008

Crawley Borough Council Community Services
Town Hall, The Boulevard, Crawley
West Sussex, RH10 1UZ.
Website: www.crawley.gov.uk

<p>Crawley Borough Community Arts Carolyn Murphy Arts Development Officer The Hawth, Hawth Avenue Crawley, West Sussex RH10 6YZ Tel: 01293 438152 Email: carolyn.murphy@crawley.gov.uk</p>	<p>Crawley Borough Community Arts Liz Hart and Jo Joseph Community Arts Officer The Hawth, Hawth Avenue Crawley, West Sussex. RH10 6YZ Tel: 01293 552941 or Tel: 01293 438156 Email: community.arts@crawley.gov.uk</p>
<p>Matthew Lethbridge Active Crawley Officer Town Hall, The Boulevard, Crawley, West Sussex, RH10 1UZ Tel: 01293 585350 Email: matthew.lethbridge@crawley.gov.uk</p>	<p>Nikke Gladwin, Sharlene Brooks Community Services Manager (CYP) Waterlea Adventure Playground Furnace Green Play Centre, Crawley, RH10 6SP Tel: 01293 542174 Email: nikke.gladwin@crawley.gov.uk</p>
<p>Dave Downey Extreme Sports Officer K2 Leisure Centre, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ Tel: 01293 585350 Email: dave.downey@crawley.gov.uk</p>	<p>Maggie Maxwell Equalities Officer Town Hall, The Boulevard, Crawley, West Sussex, RH10 1UZ Tel: 01293 438452 Email: maggie.maxwell@crawley.gov.uk</p>

<p>Bewbush Leisure Centre Breezehurst Drive Crawley West Sussex RH11 8XT Tel: 01293 546477</p>	<p>K2 Leisure Centre Pease Pottage Hill Crawley West Sussex RH11 9BQ Tel: 01293 585300</p>
--	--

Active Crawley Card Tel: 01293 585300 Website www.crawley.gov.uk/enjoying Pick up a form from K2; Gives discounted use of K2 & Bewbush Leisure Centres. Advanced court bookings by telephone & online. Priority bookings & discounts on specific courses & activities. Information about courses & activities on offer at K2, Bewbush & other leisure opportunities in Crawley. Resident adult £5. Junior 0-15 yrs £2.50. Student in full time education £2.50. Concessionary card, which is free for those on income support, Job seekers allowance (income based) or pension credit guarantee.

Radar Key Help point, Town Hall, The Boulevard, Crawley, RH10 1UZ. Tel: 01293 438325. Contact Centre. Tel: 0800 5875 888. To open accessible toilets anywhere in the UK. Application form. Website: www.crawley.gov.uk Then type in "radar key" under advance search to find form.

English National Bus Pass Town Hall, The Boulevard, Crawley, RH10 1UZ. Customer Services Contact Centre Concessionary Fares Department. Tel: 01293 438635. Email: buspass@crawley.gov.uk Website: www.crawley.gov.uk Then look under A-Z services, Bus Passes, Concessionary travel, National bus travel. The English National Bus Pass allows a disabled person of fare paying age (over 5) to travel free of charge on the majority of buses in England. Also companions of disabled people who, without such companions, would be unable to use public transport. (ask for details of the Companion Pass).

CRAWLEY DISABILITY SPORTS AND ARTS JULY 2008

Sports Clubs including disabled children and young people living in Crawley

Forest Flyers Disability football club. Age 6-25. Saturdays 10-11.30am. £2.
Forest Recreation Centre, Forest School Comptons Lane. Horsham, West Sussex.
Steve Cooling. Tel: 01293 881986. Email: poundhillsecltd@aol.com

Horsham Area Community Cricket Project Cricket sessions at Manor Green School, Lady Margaret Road, Ifield, Crawley, RH11 ODU. John Burroughs, Community Cricket Coach and Development Officer Horsham District Council, Park Lodge, North Street, Horsham, RH12 1AB. Tel: 01403 215642. Mobile: 07734 231021. Email: john.burroughs@horsham.gov.uk

Moving Barriers Disability Sports Project Age 8-14yrs from 5-6.15pm and Age 15-25yrs from 6.15-7.30pm Fridays. K2 Leisure Centre, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ. Matthew Lethbridge, Active Crawley Officer, Tel: 01293 585350. Town Hall, Crawley, RH10 1UZ. Run a variety of taster sessions and 6 week sports specific clubs which aims to develop the skills of young people with any disability. Sports include football, cricket, rugby, judo, tennis etc. Moving Barriers organise a Christmas activity day (usually 1st or 2nd Sunday in December)

Outreach3way Day Centre Ifield Hall, Ifield Avenue, Ifield, Crawley, West Sussex, RH11 0JX. Bob Leeves, Sports Development Officer Tel: 01293 655450. Email: bob.leeves@outreach3way.org
Website: www.outreach3way.org A day and resource centre for adults with learning disabilities. They offer sessions in football, cricket, target ball, hockey and basketball; table tennis, short and long tennis, racquetball and badminton; running, cycling and swimming; circuit training.

Ready and Able Club Age over 11. Mondays but not Bank holidays 6.15-8pm.
Bluecoat Sports Centre, Christ's Hospital, Horsham, West Sussex, RH13 7YE.

Sports Club for people with any disability, and their family and friends. Aims to provide fun through activity and opportunity to meet people. Activities include: five a side football, fitness training, short mat bowls, cricket, trampolining, basketball, table tennis, swimming, exercise machines, badminton, short tennis, occasional boccia and golf. Lift to café.

Paul Taylor, Community Recreation Officer Tel: 01403 215637. Mobile: 07764146339
Email: paul.taylor@horsham.gov.uk Ian Burlinson, Club Co-ordinator Mobile: 07764146339.

Riding for the Disabled

- **Burstow Park Riding & Carriage driving for the Disabled** Adult and children sessions. Open Monday to Thursday. Mrs E McLaren, Chairman. Tel: 01342 325197.
Burstow Park Riding and Livery Centre, Antlands Lane, Burstow, Horley RH6 9TF. Pupils of Manor Green primary school & college and Maidenbower Junior school ride at Burstow.

Swim Clubs for children with disabilities

- **Flamingoes Club (Swimming for the Physically Disabled)**
Tuesday, 7.45-8.45pm. K2 Leisure Centre, See above. Tel: 01293 537431
- **Moving Barriers Swim Club** Aged 6-19. Friday, 6-7pm Club for young people with Disabilities. K2 Leisure Centre, Pease Pottage Hill Crawley RH11 9BQ.
Matthew Lethbridge, Active Crawley Officer, Tel: 01293 585350. Town Hall, Crawley, RH10 1UZ.

CRAWLEY DISABILITY SPORTS AND ARTS JULY 2008

Youth & Social Clubs/Buddy Scheme for disabled children & young people in Crawley

Club for the Hearing Impaired Age 11-19. Fridays fortnightly 7-9pm.

Youth Wing, Thomas Bennett School, Ashdowne Drive, Tilgate. Crawley, West Sussex.

Stephen Pearson Tel: 01293 866816.

Gateway Club - Crawley Age 17-60. Tuesday 7-9pm. 50p per session. K2 Leisure Centre, See above. Phil Hayes Tel: 01293 516703. Club for adults with a learning disability.

Outreach3way "One to One Plus Days Out and Holidays"

Provide staffing for days or evenings out and organise holidays and bespoke holidays. Any adult with a learning difficulty living in West Sussex. Brochure available.

Jilly Constable, Co-ordinator Tel: 01293 655454. Email: jilly.constable@outreach3way.org

Outreach3way "One to One Plus" Crawley Club for people with learning difficulties, who are mobile, self-caring and who are living at home. Age under 30. Alternate Saturdays 10am - 3pm.

Outreach3way. Ifield Avenue, Charlwood Road, Ifield, Crawley, RH11 0JX. The Club aims to provide respite care for carers and to provide an enjoyable and therapeutic day for club members.

Jilly Constable, Co-ordinator Tel: 01293 655454. Email: jilly.constable@outreach3way.org

Millpond Integrated Adventure Playground Age 5-16. Tuesday to Friday 3-6pm; Saturday and school holidays 10.30am-6pm. Collins Road, Bewbush, Crawley, West Sussex RH11 8FN.

Open access facility specially designed for children with special needs and disabilities.

Ian Jordan, Play Leader at Millpond. Tel: 01293 520225.

Nikke Gladwin Tel: 01293 542174. Community Services Manager (Children & Young People),

Email: nikke.gladwin@crawley.gov.uk Sharlene Brooks, Play Support Assistant.

Phab Club - Crawley (junior) Age 11-19. Friday, 5-7pm.

Club for physically disabled and able-bodied young people.

Dormans Youth Art Centre, Dormans, Gossops Green, Crawley, West Sussex, RH11 8HZ.

Mr Kenny Glasspool, Centre Manager. Tel: 01293 526388. Email: DYAC@westsussex.gov.uk

Springboard Project Springboard House, 52 Hurst Road, Horsham, West Sussex, RH12 2EP.

- **Buddy Scheme** Age 11-18 Buddy Scheme for young people with disabilities and with or without additional support needs to enable them to take part in community activities like bowling and drama and widen their circle of friends. Covers Billingshurst, Horsham and Crawley.

- **Outburst Holiday Activity Scheme** Age 13-18 Covers Billingshurst, Horsham and Crawley.

Laura Fletcher, Horsham and Crawley Leisure Development Coordinator. Tel: 01403 257699.

Mobile: 07948 708582. Email: crawleyandhorshamldc@springboardproject.com

- **Bunnyhoppers** Parent support group of children with special needs age 0-5.

Sundays once a month, 2-5pm. Early Years co-ordinator, Maria Dunkley. Tel: 07804 529903.

- **Grasshoppers** Age 5-13yrs Saturday 10-2.30pm. Katie Hallums, Activities Manager.

Tel: 01403 257699. Email: activities@springboardproject.com

Stars Youth Club Age 5-16. Tuesday, 7-9pm. Cost is £1. For children with special needs and disabilities. Nikke Gladwin Tel: 01293 542174. Community Services Manager (Children & Young People),

Email: nikke.gladwin@crawley.gov.uk Sharlene Brooks, Play Support Assistant.

Millpond Integrated Adventure Playground, Collins Road, Bewbush, Crawley. RH11 8FN.

Youth Club For pupils of Manor Green School. Mondays 6-9pm.

Thomas Bennett Community College, Ashdowne Drive, Tilgate. Crawley, West Sussex. RH10 5AD

Miss K. Wakeham Tel: 01293 520351.

CRAWLEY DISABILITY SPORTS AND ARTS JULY 2008

The Arts including disabled children and young people living in Crawley

Blue Bird Club Popular club nights for people with learning disabilities and their friends. The clubs celebrate the artistic achievements of people with learning disabilities as artists and participants. There are singers, bands, DJ's, dance acts, drumming performances and great artwork to look at too. The Hawth, Hawth Avenue, Crawley, West Sussex RH10 6YZ. Box Office Tel: 01293 553636. 10th September 2008 and 25th March 2009. 7-10pm. Ticket £3 and carers go free. Meal deal offer. Eat from 5.15-6.15pm. Cost of ticket plus a meal £8.50. Carer's can have a meal for £5.50p. Carolyn Murphy, Arts Development Officer Tel: 01293 438152.

Footloose Dance Group Age 6-19. Wednesday 5.30-6.30pm. £3.00 per session. Dance group for children and young people with learning disabilities. Manor Green Primary School, Crawley. They have performed at the annual "Forward Motion Day of Dance" at The Hawth Theatre, Crawley organized by Crawley Community Arts Team and the "Dance Dance" show run by Horsham District Council at the Capitol Theatre, Horsham in 2007. Also performances at the Blue Oasis Discos in Horsham and the Blue Bird Club discos in Crawley.

Liz Hart, Community Arts Officer See above. Tel: 01293 438156. Email: liz.hart@crawley.gov.uk

Outreach3way Day Centre Ifield Avenue, Ifield, Crawley, West Sussex, RH11 0JX.

Teri Francis, Arts Development and Day Service Manager. Tel: 01293 655450 Ex 243.

Email: teri.francis@outreach3way.org Website: www.outreach3way.org Karen Bailey, Freelance Art Tutor; Adam Gillibrand; Community Musician; Sam Frances, freelance drama tutor.

A day and resource centre for adults with learning disabilities. Focusing on the arts, drama, music sports, swimming, football, gardening, pottery, cookery, computing and many other courses.

- Band called "The Coasters". They have gigged at the Blue Bird Club Disco (03/2008), Burnstock Festival in Burgess Hill (06/2008), Langley Green Festival (07/2008).
- The Drama group
Pantomime "Beauty and the Beast" performed at the Hawth Theatre, Crawley (12/2007) & County Mall, Crawley (01/2008). Shakespeare "As You Do Time For It". Including a performance by The Coasters (02/2008). A Drama entitled "In Control" was commissioned by West Sussex County Council and Mencap. Four performances in April and May 2008. Presentation on the theme of "Change and Transition" performed at Burnstock Festival in Burgess Hill (06/2008). Drama piece, which reflected "Exclusion" performed at the Langley Green Festival (07/2008) Community Event.
- Art work. Artists exhibited at an Art Exhibition at The Hawth Theatre, Crawley (04/2008) Ongoing Art Exhibition at Leacroft surgery, West Green, where art work can be purchased.
- Film and video work.